

## **Interlake-Eastern RHA Phone Directory**

### **ANOLA**

#### **HOSPITAL - Beausejour District Hospital**

151 First St. S Beausejour.....204-268-1076

Fax..... 204-268-1207

Lab & X-Ray.....204-268-6033

#### **AMBULANCE/EMERGENCY.....911**

Cancer Navigation Services.....204-785-9576

Or Toll Free .....1-855-557-2273

Community Wellness.....1-877-979-9355

Mental Health Central Intake ....204-785-7752

Or Toll Free .....1-866-757-6205

24 Hour Mental Health Crisis line 204-482-5419

Or Toll Free.....1-866-427-8628

Mental Health Mobile Crisis.....204-482-5376

Or Toll Free.....1-877-499-8770

Health Links-Info Santé

Toll Free.....1 888 315-9257

### **ARBORG**

#### **HOSPITAL - Arborg & District Health Centre**

234 Gislason Dr. 204-376-5247

Fax.....204-376-5669

Lab & X-Ray .....204-376-3204

#### **AMBULANCE/EMERGENCY.....911**

Arborg Medical Clinic..... 204-376-2781

Adult Day Program.....204- 641-1703

Cancer Navigation Services.....204-785-9576

Or Toll Free.....1-855-557-2273

Community Health Office ..... 204-376-5559

Community Wellness.....1-877-979-9355

Families First Program.....204-376-5559

Home Care Services.....204-376-5559

Mental Health Central Intake ....204-785-7752

Or Toll Free .....1-866-757-6205

24 Hour Mental Health Crisis line 204-482-5419

Or Toll Free.....1-866-427-8628

Mental Health Mobile Crisis.....204-482-5376

Or Toll Free.....1-877-499-8770

Public Health Services ..... 204-376-5559

Health Links-Info Santé

Toll Free.....1 888 315-9257

## **ASHERN**

### **HOSPITAL - Lakeshore Health Centre**

1 Steenson Dr. .... 204-768-2461  
Fax.....204-768-2337  
Lab & X-Ray..... 204-768-5214  
Patient Inquiries ..... 204-768-3436

### **AMBULANCE/EMERGENCY.....911**

#### Ashern Medical Clinic

Dr. Emadi.....204-768-3821  
Dr. Rawoof.....204-768-3404  
Dr. Roets.....204-768-2881  
Adult Day Program..... 204- 768-2585 ext 225  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Health Office ..... 204-768-2585  
Community Wellness.....1-877-979-9355  
Diabetes Education Resource, Eriksdale...204-739-2777  
Dialysis Unit..... 204-768-5218  
Families First Program .....204-368-2585  
Home Care Services..... 204-768-2585  
Mental Health Central Intake ... 204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Public Health Services ..... 204-768-2585  
Health Links-Info Santé  
Toll Free.....1-888-315-9257  
Ashern Personal Care Home...204-768-5216

## **BEAUSEJOUR**

### **HOSPITAL - Beausejour District Hospital**

151 First St. S.....204-268-1076  
Fax..... 204-268-1207  
Lab & X-Ray.....204-268-6033

### **AMBULANCE/EMERGENCY.....911**

Beausejour Primary Health Care Clinic.....204-268-4966  
HEW Primary Health Care Clinic..... 204-268-2288  
Adult Day Program..... 204-268-7301  
Audiologist.....204-268-7465  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Wellness.....1-877-979-9355  
Community Wellness Facilitator.....204-268-7440  
Dietitian, Beausejour Clinic.....204-268-7479  
Dietitian, HEW Clinic.....204-268-7477

Families First Program.....204-268-7466  
 Home Care Services ..... 204-268-7471  
 Mental Health Central Intake .... 204-785-7752  
 Or Toll Free .....1-866-757-6205  
 24 Hour Mental Health Crisis line 204-482-5419  
 Or Toll Free .....1-866-427-8628  
 Mental Health Mobile Crisis.....204-482-5376  
 Or Toll Free.....1-877-499-8770  
 Occupational Therapy.....204-268-7435  
 Physiotherapy.....204-268-7430  
 Public Health Nurse, Beausejour Clinic204-268-7468  
 Public Health Nurse, HEW Clinic ... 204-268-7704  
 Spiritual Care Coordinator.....204-268-7426  
 Travel Health.....1-204-785-4891  
 Health Links-Info Santé  
     Toll Free..... 1 888 315-9257  
 East Gate Lodge Personal Care Home.....204-268-1029

**BERENS RIVER**

**AMBULANCE/EMERGENCY....204-382-2436**  
 Cancer Navigation Services.....1-855-557-2273  
 Community Wellness.....1-877-979-9355  
 Mental Health Central Intake 1-866-757-6205  
 24 Hour Mental Health Crisis line 1-866-427-8628  
 Mental Health Mobile Crisis.....1-877-499-8770  
 Health Links-Info Santé  
     Toll Free ..... 1 888 315-9257

**BISSETT**

**HOSPITAL - Pine Falls Health Centre**  
 37 Maple St. Pine Falls.....204-367-4441  
 Fax..... 204-367-8981  
 Lab & X-Ray .....204-367-4451  
**AMBULANCE EMERGENCY.....204-277-5119**  
 Cancer Navigation Services.....204-785-9576  
 Or Toll Free .....1-855-557-2273  
 Community Wellness.....1-877-979-9355  
 Mental Health Central Intake .... 204-785-7752  
 Or Toll Free .....1-866-757-6205  
 24 Hour Mental Health Crisis line 204-482-5419  
 Or Toll Free.....1-866-427-8628  
 Mental Health Mobile Crisis.....204-482-5376  
 Or Toll Free.....1-877-499-8770  
 Health Links-Info Santé  
     Toll Free..... 1 888 315-9257

**DUGALD**

**HOSPITAL - Beausejour District Hospital**

151 First Street S, Beausejour.....204-268-1076  
Fax..... 204-268-1207  
Lab & X-Ray.....204-268-6033

**AMBULANCE/EMERGENCY.....911**

Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Wellness.....1-877-979-9355  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Health Links-Info Santé  
Toll Free.....1 888 315-9257

**ERIKSDALE**

**HOSPITAL - E M Crowe Memorial**

40 Railway Ave. .... 204-739-2611  
Fax.....204-739-2065  
Lab & X-Ray..... 204-739-2144

**AMBULANCE/EMERGENCY.....911**

Eriksdale Medical Clinic..... 204-739-2672  
Nurse Practitioner Clinic.....Lundar 204-762-6076  
Adult Day Program.....Lundar 204-739-4452  
Cancer Navigation Services.....Selkirk 204-785-9576  
Or Toll Free..... 1-855-557-2273  
Community Engagement Liaison 204-739-4457  
Community Wellness.....1-877-979-9355  
Chronic Disease Prevention Program..... 204-739-4456  
Or Toll Free..... 1-877-979-9355  
Eriksdale Wellness Centre, 35 Railway Ave. .... 204-739-2777  
Fax..... 204-739-5544  
Families First Program .....Ashern 204-768-2585  
Home Care Services..... 204-739-4452  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Mobile Ultrasound Program..... 204-739-4411  
Public Health Services ..... 204-739-4455  
Health Links-Info Santé

Toll Free..... 1-888-315-9257  
Eriksdale Personal Care Home ..... 204-739-2618

**FALCON LAKE**

**HOSPITAL** - Beausejour District Hospital  
151 First St. S, Beausejour.....204-268-1076  
Fax..... 204-268-1207  
Lab & X-Ray.....204-268-6033  
**AMBULANCE/EMERGENCY.....911**  
Cancer Navigation Services.....1-855-557-7752  
Community Wellness.....1-877-979-9355  
Mental Health Central Intake 1-866-757-6205  
24 Hour Mental Health Crisis line 1-866-427-8628  
Mental Health Mobile Crisis.....1-877-499-8770  
Health Links-Info Santé  
Toll Free ..... 1 888 315-9257

**FISHER BRANCH**

**HOSPITAL** - Arborg & District Health Centre  
234 Gislason Dr., Arborg..... 204-376-5247  
Fax.....204-376-5669  
Lab & X-Ray.....204-376-3204  
**HOSPITAL** - Percy E. Moore, Hodgson....204-372-8444  
(Federally Funded by Health Canada)  
**AMBULANCE/EMERGENCY.....911**  
Fisher Branch Medical Clinic  
23 Main St..... 204-372-6258  
Fax.....204-372-6207  
Adult Day Program..... 204-372-7306  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Health Office ..... 204-372-8703  
Community Wellness.....1-877-979-9355  
Families First Program .....Arborg..204-376-5559  
Home Care Services.....204-372-8703  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Public Health Services .....204-372-8703  
Health Links-Info Santé  
Toll Free.....1 888 315-9257  
Fisher Branch Personal Care Home204-372-8703

**FISHER RIVER**

**HOSPITAL - Arborg & District Health Centre**  
234 Gislason Dr., Arborg..... 204-376-5247  
Fax.....204-376-5669  
Lab & X-Ray.....204-376-3204

**AMBULANCE/EMERGENCY.....911**  
Cancer Navigation Services.....1-855-557-7752  
Community Wellness.....1-877-979-9355  
Mental Health Central Intake 1-866-757-6205  
24 Hour Mental Health Crisis line 1-866-427-8628  
Mental Health Mobile Crisis.....1-877-499-8770  
Health Links-Info Santé  
Toll Free ..... 1 888 315-9257

**FRASERWOOD**

**HOSPITAL - Gimli Community Health Centre**  
120 6<sup>th</sup> Ave., Gimli..... 204-642-5116  
Fax Line.....204-642-5860  
Lab & X-Ray.....204-642-4519

**AMBULANCE/EMERGENCY.....911**  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Health Office Gimli 204-642-4595  
Community Wellness.....1-877-979-9355  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Health Links-Info Santé  
Toll Free..... 1 888 315-9257

**GIMLI**

**HOSPITAL - Gimli Community Health Centre**  
120-6<sup>th</sup> Ave. 204-642-5116  
Fax .....204-642-5860  
Lab & X-Ray.....204-642-4519

**AMBULANCE/EMERGENCY.....911**  
Adult Day Program.....204-642-4924  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Cancer Program .....204-642-4520  
Community Health Office ..... 204-642-4595  
Community Wellness.....1-877-979-9355  
Families First Program .....Arborg 204-376-5559

Home Care Services.....204-642-4595  
Mental Health For The Elderly ...204-642-1608  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Palliative Care Program.....204-642-4597  
Physio/Occupational Therapy.....204-642-5116  
Public Health Services .....204-642-4595  
Health Links-Info Santé  
Toll Free.....1 888 315-9257  
Betel Home Foundation Personal Care Home.....204-642-5556

**GRAND BEACH**

**HOSPITAL - Pine Falls Health Centre**  
37 Maple St. Pine Falls.....204- 367-4441  
Fax..... 204-367-8981  
Lab & X-Ray .....204-367-4451  
**AMBULANCE EMERGENCY .....911**  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Wellness.....1-877-979-9355  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Health Links-Info Santé  
Toll Free.....1 888 315-9257

**GULL LAKE**

**HOSPITAL - Pine Falls Health Centre**  
37 Maple St. Pine Falls.....204-367-4441  
Fax..... 204-367-8981  
Lab & X-Ray .....204-367-4451  
**AMBULANCE EMERGENCY .....911**  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Wellness.....1-877-979-9355  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376

Or Toll Free.....1-877-499-8770  
Health Links-Info Santé  
Toll Free.....1 888 315-9257

**GYP SUMVILLE**

**HOSPITAL - Lakeshore Health Centre**

1 Steenson Dr., Ashern..... 204-768-2461  
Fax.....204-768-2337  
Lab & X-Ray.....204-768-5214

**AMBULANCE/EMERGENCY .....911**

Ambulance.....204-659-2500  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Wellness.....1-877-979-9355  
Gypsumville Health Centre  
SW 26-32-9W.....204-659-5776  
Mental Health Central Intake ...204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Health Links-Info Santé  
Toll Free.....1 888 315-9257

**HADASHVILLE**

**HOSPITAL - Pinawa Hospital**

30 Vanier Dr. Pinawa .....204-753 2334  
Fax:..... 204-753-2219  
Lab & X-Ray..... 204-753-2731

**AMBULANCE EMERGENCY .....911**

Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Wellness.....1-877-979-9355  
Mental Health Central Intake ... 204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Health Links-Info Santé  
Toll Free ..... 1 888 315-9257



**HAZELRIDGE**

**HOSPITAL - Beausejour District Hospital**

151 First St. S Beausejour.....204-268-1076

Fax..... 204-268-1207

Lab & X-Ray.....204-268-6033

**AMBULANCE/EMERGENCY.....911**

Cancer Navigation Services.....204-785-9576

Or Toll Free .....1-855-557-2273

Community Wellness.....1-877-979-9355

Mental Health Central Intake ....204-785-7752

Or Toll Free .....1-866-757-6205

24 Hour Mental Health Crisis line 204-482-5419

Or Toll Free.....1-866-427-8628

Mental Health Mobile Crisis.....204-482-5376

Or Toll Free.....1-877-499-8770

Health Links-Info Santé

Toll Free.....1 888 315-9257

**HECLA**

**HOSPITAL - Arborg & District Health Centre**

234 Gislason Dr., Arborg..... 204-376-5247

Fax.....204-376-5669

Lab & X-Ray.....204-376-3204

**AMBULANCE/EMERGENCY.....911**

Cancer Navigation Services.....1-855-557-7752

Community Wellness.....1-877-979-9355

Mental Health Central Intake 1-866-757-6205

24 Hour Mental Health Crisis line 1-866-427-8628

Mental Health Mobile Crisis.....1-877-499-8770

Health Links-Info Santé

Toll Free ..... 1 888 315-9257

**INWOOD**

**HOSPITAL - Hunter Memorial Hospital**

3<sup>rd</sup> Ave. SE, Teulon.....204-886-2433

Fax.....204-886-2653

Lab & X-Ray Services ..... 204-886-2672

**AMBULANCE/EMERGENCY.....911**

Cancer Navigation Services.....204-785-9576

Or Toll Free .....1-855-557-2273

Community Wellness.....1-877-979-9355

Or..... 204-886-4061

Mental Health Central Intake ... 204-785-7752

Or Toll Free .....1-866-757-6205

24 Hour Mental Health Crisis line 204-482-5419

Or Toll Free.....1-866-427-8628

Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Health Links-Info Santé  
Toll Free ..... 1 888 315-9257

## **LAC DU BONNET**

### **HOSPITAL - Pinawa Hospital**

30 Vanier Dr. Pinawa.....204-753 2334  
Fax:..... 204-753-2219  
Lab & X-Ray..... 204-753-2731

### **AMBULANCE EMERGENCY .....911**

Lac du Bonnet District Health Centre  
Doctors' Office.....204-345-8173  
General Reception ..... 204-345-8647  
Lab & X-Ray .....204-345-1226  
Adult Day Program..... ..204-3451212 x 1118  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Wellness.....1-877-979-9355  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Health Links-Info Santé  
Toll Free..... 1 888 315-9257  
Lac Du Bonnet Personal Care Home.....204-345-8675

## **LIBAU**

### **HOSPITAL - Selkirk & District General Hospital**

100 Easton Dr., Selkirk..... 204-482-5800  
Fax.....204-785-9113  
Lab & X-Ray.....204-785-7421

### **AMBULANCE/EMERGENCY .....911**

Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Wellness.....1-877-979-9355  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Health Links-Info Santé  
Toll Free..... 1 888 315-9257

**LOCKPORT**

**HOSPITAL - Selkirk & District General Hospital**

100 Easton Dr., Selkirk.....204-482-5800

Fax.....204-785-9113

Lab & X-Ray.....204-785-7421

**AMBULANCE/EMERGENCY.....911**

Cancer Navigation Services.....204-785-9576

Or Toll Free .....1-855-557-2273

Community Wellness.....1-877-979-9355

Mental Health Central Intake ....204-785-7752

Or Toll Free .....1-866-757-6205

24 Hour Mental Health Crisis line 204-482-5419

Or Toll Free.....1-866-427-8628

Mental Health Mobile Crisis.....204-482-5376

Or Toll Free.....1-877-499-8770

Health Links-Info Santé

Toll Free.....1 888 315-9257

**LUNDAR**

**HOSPITAL - E M Crowe Memorial**

40 Railway Ave., Eriksdale.....204-739-2611

Fax.....204-739-2065

Lab & X-Ray.....204-739-2144

**AMBULANCE/EMERGENCY.....911**

Adult Day Program.....204-739-4452

Cancer Navigation Services.....204-785-9576

Or Toll Free .....1-855-557-2273

Community Health Office.....204-762-5469

Community Wellness.....1-877-979-9355

Home Care Services.....204-762-5469

Mental Health Central Intake ....204-785-7752

Or Toll Free .....1-866-757-6205

24 Hour Mental Health Crisis line 204-482-5419

Or Toll Free.....1-866-427-8628

Mental Health Mobile Crisis.....204-482-5376

Or Toll Free.....1-877-499-8770

Public Health Services .....204-762-5469

Families First Program .....Arborg..204-376-5559

Registered Nurse (Extended Practice) Clinic204-762-6076

Health Links-Info Santé

Toll Free.....1 888 315-9257

**MANIGOTAGAN**

**HOSPITAL - Pine Falls Health Centre**

37 Maple St. Pine Falls .....204-367-4441

Fax..... 204-367-8981

Lab & X-Ray .....204-367-4451

**AMBULANCE EMERGENCY .....911**

Black River Health Centre.....204-367-8089

Hollow Water Adam Hardisty Health Centre...204-363-7364

Manigotagan Community Health Services.....204-367-5401

Pine Falls Primary Health Care Centre..... 204-267-2278

Cancer Navigation Services.....204-785-9576

Or Toll Free .....1-855-557-2273

Community Wellness.....1-877-979-9355

Mental Health Central Intake ....204-785-7752

Or Toll Free .....1-866-757-6205

24 Hour Mental Health Crisis line 204-482-5419

Or Toll Free.....1-866-427-8628

Mental Health Mobile Crisis.....204-482-5376

Or Toll Free.....1-877-499-8770

Health Links-Info Santé

Toll Free..... 1 888 315-9257

**MARQUETTE**

**HOSPITAL - Stonewall & District Health Centre**

589-3<sup>rd</sup> Ave., Stonewall.....204-467-5514

Fax..... 204-467-4431

Lab & X-Ray.....204-467-8111

**AMBULANCE/EMERGENCY .....911**

Cancer Navigation Services.....204-785-9576

Or Toll Free .....1-855-557-2273

Community Wellness.....1-877-979-9355

Mental Health Central Intake ....204-785-7752

Or Toll Free .....1-866-757-6205

24 Hour Mental Health Crisis line 204-482-5419

Or Toll Free.....1-866-427-8628

Mental Health Mobile Crisis.....204-482-5376

Or Toll Free.....1-877-499-8770

Health Links-Info Santé

Toll Free..... 1 888 315-9257

**OAKBANK**

**HOSPITAL - Selkirk & District General Hospital**

100 Easton Dr. Selkirk.....204-482-5800

Fax.....204-785-9113

Lab & X-Ray.....204-785-7421

Lab & X-Ray Fax .....204-482-4605

**AMBULANCE EMERGENCY .....911**

Kin Place Primary Health Care Centre.....204-444-2227

Lab.....204-444-6120

Adult Day Program.....204-444-3132

Cancer Navigation Services.....204-785-9576

Or Toll Free .....1-855-557-2273

Community Wellness.....1-877-979-9355

Home Care.....204-444-2227

Mental Health Central Intake ....204-785-7752

Or Toll Free .....1-866-757-6205

24 Hour Mental Health Crisis line 204-482-5419

Or Toll Free.....1-866-427-8628

Mental Health Mobile Crisis.....204-482-5376

Or Toll Free.....1-877-499-8770

Public Health .....204-444-2227

Health Links-Info Santé

Toll Free.....1 888 315-9257

Kin Place Personal Care Home.....204-444-2004

**PETERSFIELD**

**HOSPITAL - Selkirk & District General Hospital**

100 Easton Dr., Selkirk.....204-482-5800

Fax.....204-785-9113

Lab & X-Ray.....204-785-7421

**AMBULANCE/EMERGENCY .....911**

Cancer Navigation Services.....204-785-9576

Or Toll Free .....1-855-557-2273

Community Wellness.....1-877-979-9355

Mental Health Central Intake ....204-785-7752

Or Toll Free .....1-866-757-6205

24 Hour Mental Health Crisis line 204-482-5419

Or Toll Free.....1-866-427-8628

Mental Health Mobile Crisis.....204-482-5376

Or Toll Free.....1-877-499-8770

Health Links-Info Santé

Toll Free.....1 888 315-9257

## **PINAWA**

### **HOSPITAL - Pinawa Hospital**

30 Vanier Dr. ....204-753 2334  
Fax:..... 204-753-2219  
Lab & X-Ray..... 204-753-2731

### **AMBULANCE EMERGENCY .....911**

Pinawa Medical Clinic ..... 204-753-2351  
Adult Day Program.....204-345-1212 x1118  
Cancer Care Unit .....204-753-3153  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Wellness.....1-877-979-9355  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Health Links-Info Santé  
Toll Free..... 1 888 315-9257

## **PINE DOCK**

### **HOSPITAL - Arborg & District Health Centre**

234 Gislason Dr., Arborg.....204-376-5247  
Fax.....204-376-5669  
Lab & X-Ray.....204-376-3204

### **AMBULANCE/EMERGENCY.....911**

Cancer Navigation Services.....1-855-557-7752  
Community Wellness.....1-877-979-9355  
Mental Health Central Intake 1-866-757-6205  
24 Hour Mental Health Crisis line 1-866-427-8628  
Mental Health Mobile Crisis.....1-877-499-8770  
Health Links-Info Santé  
Toll Free ..... 1 888 315-9257

## **PINE FALLS**

### **HOSPITAL - Pine Falls Health Centre**

37 Maple St.....204-367-4441  
Fax..... 204-367-8981  
Lab & X-Ray ..... 204-367-4451

### **AMBULANCE EMERGENCY .....911**

EMS – Fort Alexander .....204-367-2333  
Quick Care Clinic, Selkirk.....204-482-4339  
Black River Health Centre.....204-367-8089

Hollow Water Adam Hardisty Health Centre...204-363-7364  
 Pine Falls Primary Health Care Centre..... 204-367-2278  
 Sagkeeng Health Centre.....204-367-2208  
 Adult Day Program.....204-367-4515  
 Cancer Navigation Services.....204-785-9576  
 Or Toll Free .....1-855-557-2273  
 Chronic Disease Nurse.....204-367-5427  
 Clinic Primary Health Care Nurse.....204-367-5165  
 Community Wellness.....1-877-979-9355  
 Dialysis Unit .....204-367-5415  
 Dietitian.....204-367-5408  
 Families First Home Visitor .....204-367-5424  
 Or.....204-367-5425  
 Home Care.....204-367-5403  
 Or.....204-367-5404  
 Mental Health Worker (adult).....204-367-5407  
 Mental Health Worker (child).....204-345-1231  
 Mental Health Worker (elderly).....204-367-5405  
 Mental Health Toll Free .....1-866-757-6205  
 24 Hour Mental Health Crisis line 204-482-5419  
 Or Toll Free.....1-866-427-8628  
 Mental Health Mobile Crisis.....204-482-5376  
 Or Toll Free.....1-877-499-8770  
 Pine Falls Community Health Office .....204-367-5401  
 Public Health.....204-367-5406  
 Relational Therapist.....204-367-5409  
 Services to Seniors.....204-367-9128  
 Wellness Facilitator.....204-367-1337  
 Health Links-Info Santé  
     Toll Free.....1 888 315-9257  
 Sunnywood Manor Personal Care Home.....204-367-8201

## **POINT DU BOIS**

### **HOSPITAL - Pine Falls Health Centre**

37 Maple St. Pine Falls.....204- 367-4441  
 Fax..... 204-367-8981  
 Lab & X-Ray .....204-367-4451

**AMBULANCE EMERGENCY .....911**

### **Ambulance Emergency Calls**

**Pinawa .....204-753-8888**

Cancer Navigation Services.....204-785-9576  
 Or Toll Free .....1-855-557-2273  
 Community Wellness.....1-877-979-9355  
 Mental Health Central Intake ....204-785-7752  
 Or Toll Free .....1-866-757-6205  
 24 Hour Mental Health Crisis line 204-482-5419  
 Or Toll Free.....1-866-427-8628  
 Mental Health Mobile Crisis.....204-482-5376

Or Toll Free.....1-877-499-8770  
Health Links-Info Santé  
Toll Free.....1 888 315-9257

**RENNIE**

**HOSPITAL - Beausejour District Hospital**  
151 First St. S, Beausejour.....204-268-1076  
Fax..... 204-268-1207  
Lab & X-Ray.....204-268-6033  
**AMBULANCE/EMERGENCY .....911**  
Whitemouth Primary Health Care Centre.....204-348-7191  
Lab & X-Ray ..... 204-348-4607  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Wellness.....1-877-979-9355  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Health Links-Info Santé  
Toll Free.....1 888 315-9257

**RIVERTON**

**HOSPITAL - Arborg & District Health Centre**  
234 Gislason Dr., Arborg..... **204-376-5247**  
Fax.....204-376-5669  
Lab & X-Ray.....204-376-3204  
**HOSPITAL - Gimli Community Health Centre**  
120 6<sup>th</sup> Ave. Gimli.....204-**642-5116**  
Fax Line.....204-.642-5860  
Lab & X-Ray.....204-642-4519  
**AMBULANCE/EMERGENCY .....911**  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Wellness.....1-877-979-9355  
Families First Program .....204-378-2460  
Home Care Services..... Arborg 204-376-5559  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Public Health Services .....204-378-2460



Riverton Community Health Centre 204-378-2460  
Riverton Seniors Resource Program 204-378-3103  
Or 204-378-2460  
Health Links-Info Santé  
Toll Free..... 1 888 315-9257

**ST. LAURENT**

**HOSPITAL - E. M. Crowe Memorial**  
40 Railway Ave., Eriksdale.....204-739-2611  
Fax.....204-739-2065  
Lab & X-Ray.....204-739-2144  
**HOSPITAL - Stonewall & District Health Centre**  
589-3<sup>rd</sup> Ave. S, Stonewall..... 204-467-5514  
Fax.....204-467-4431  
Lab & X-Ray.....204-467-8111  
**AMBULANCE/EMERGENCY.....911**  
St. Laurent Community Health Centre 204-646-2504  
Bilingual Health Services Coordinator.....204-646-2504  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Wellness.....1-877-979-9355  
Families First Program..... Teulon..204-886-4071  
Home Care Services..... 204-646-2504  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Public Health Services ..... 204-646-2504  
Health Links-Info Santé  
Toll Free..... 1 888 315-9257

**SELKIRK**

**HOSPITAL - Selkirk & District General Hospital**  
100 Easton Dr. ....204-482-5800  
Fax.....204-785-9113  
Health Information Services .....204-785-7450  
Health Information Services Confidential Fax .....204-785-8854  
Lab & X-Ray..... 204-785-7421  
Lab & X-Ray Fax ..... 204-482-4605  
**AMBULANCE/EMERGENCY.....911**  
Administration.....204-785-7303  
Or Toll Free ..... 1-877-474-2367  
Chemotherapy Program ..... 204-785-7400

Dialysis Unit.....204-785-7401  
 Dialysis Unit Fax Line.....204-785-2748  
 Palliative Care Program .....204-785-7410  
 Physiotherapy.....204-785-7416  
 QuickCare Clinic.....204-482-4399  
 Adult Day Program.....204-785-7713  
 Cancer Navigation Services.....204-785-9576  
 Or Toll Free .....1-855-557-2273  
 Community Wellness.....1-877-979-9355  
 Diabetes Education Resource....204-785-4884  
 Families First Program.....204-785-9318  
 Family Doctor Finder.....204-786-7111  
 Or Toll Free.....1-866-690-8260  
 Home Care Services .....204-785-7703  
 Mental Health Services Central Intake 204-785-7752  
 Or Toll Free .....1-866-757-6205  
 Mental Health Program.....204-785-7714  
 Mental Health for the Elderly ....204-785-5501  
 Mental Health Central Intake ....204-785-7752  
 Or Toll Free .....1-866-757-6205  
 24 Hour Mental Health Crisis line 204-482-5419  
 Or Toll Free.....1-866-427-8628  
 Mental Health Mobile Crisis.....204-482-5376  
 Or Toll Free.....1-877-499-8770  
 Regional Hearing Centre.....204-785-7497  
 Step'n Out With Mom (Healthy Baby)1 866 211-1703  
 Travel Health Clinic.....204-785-4891  
 Interlake-Eastern Regional Health Authority Corporate  
 233A Main St.,.....204-785-4700  
 Fax.....204-482-4300  
 EMS Billings.....1-877-4742367  
 Health Records .....204-785-7450  
 Health Records Fax.....204-785-8854  
 Human Resources.....204-785-4772  
 Physician Recruitment.....204-785-4721  
 Health Links-Info Santé  
     No Charge-Dial.....1 888 315-9257  
 Betel Home Foundation Personal Care Home..204-482-5469  
 Red River Place Personal Care Home..... 204-482-3036

**STEEP ROCK**

**HOSPITAL - Lakeshore Health Centre**

1 Steenson Drive, Ashern..... 204-768-2461  
Fax.....204-768-2337  
Lab & X-Ray..... 204-768-5214

**AMBULANCE/EMERGENCY.....911**

Cancer Navigation Services.....1-855-557-8873  
Community Wellness.....1-877-979-9355  
Mental Health Central Intake 1-866-757-6205  
24 Hour Mental Health Crisis line 1-866-427-8628  
Metal Health Mobile Crisis.....1-877-499-8770  
Health Links-Info Santé  
Toll Free ..... 1 888 315-9257

**STONEWALL**

**HOSPITAL - Stonewall & District Health Centre**

589-3<sup>rd</sup> Ave. S.....204-467-5514  
Fax.....204-467-4431  
Lab & X-Ray..... 204-467-8111  
Patient Rooms..... 204-467-8424

**AMBULANCE/EMERGENCY.....911**

Doctor's Office..... 204-467-5509  
Adult Day Program..... 204-467-4413  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Health Office.....204-467-4400  
Community Wellness.....1-877-979-9355  
Families First Program.....Teulon.204-886-4071  
Home Care Services ..... 204-467-4400  
Medical Officer of Health ..... 204-467-4400  
Mental Health Central Intake .... 204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Public Health Services ..... 204-467-4400  
Health Links-Info Santé  
Toll Free..... 1 888 315-9257  
Rosewood Lodge Personal Care Home.....204-467-5257

**STONY MOUNTAIN**

**HOSPITAL - Stonewall & District Health Centre**  
589-3<sup>rd</sup> Ave. S Stonewall.....204-467-5514  
Fax.....204-467-4431  
Lab & X-Ray.....204-467-8111

**AMBULANCE/EMERGENCY.....911**  
Community Health Office, Stonewall.....204- 467-4400  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Health Links-Info Santé  
Toll Free.....1 888 315-9257

**TEULON**

**HOSPITAL - Hunter Memorial Hospital**  
3<sup>rd</sup> Ave.SE .....204-886-2433  
Fax.....204-886-2653  
Lab & X-Ray Services.....204-886-2672  
**AMBULANCE/EMERGENCY.....911**  
Teulon Medical Clinic.....204-886-2131  
Adult Day Program .....204-886-4066  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Health Office.....204-886-4065  
Community Wellness.....1-877-979-9355  
Families First Program.....204-886-4071  
Home Care Services.....204-886-4065  
Mental Health For The Elderly..204-886-4060  
Or.....204-886-4061  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Public Health Services .....204-886-4065  
Health Links-Info Santé  
Toll Free.....1 888 315-9257  
Goodwin Lodge Personal Care Home204-886-2108

**WARREN**

**HOSPITAL - Stonewall & District Health Centre**  
589-3<sup>rd</sup> Ave. S Stonewall.....204-467-5514  
Fax.....204-467-4431  
Lab & X-Ray.....204-467-8111

**AMBULANCE/EMERGENCY.....911**  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Wellness.....1-877-979-9355  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Health Links-Info Santé  
Toll Free.....1 888 315-9257

**WHITEMOUTH**

**HOSPITAL - Beausejour District Hospital**  
151 First St. S, Beausejour.....204-268-1076  
Fax..... 204-268-1207  
Lab & X-Ray.....204-268-6033

**AMBULANCE/EMERGENCY.....911**  
Whitemouth Primary Health Care Centre.....204-348-7191  
Lab & X-Ray .....204-348-4607  
Doctors'/Nurse Practitioners' Offices .....204-348-2291  
Adult Day Program.....204-348-3940  
Cancer Navigation Services.....204-785-9576  
Or Toll Free .....1-855-557-2273  
Community Health Services (Public Health/Home Care) .....204-348-7191  
Community Wellness.....1-877-979-9355  
Mental Health Central Intake ....204-785-7752  
Or Toll Free .....1-866-757-6205  
24 Hour Mental Health Crisis line 204-482-5419  
Or Toll Free.....1-866-427-8628  
Mental Health Mobile Crisis.....204-482-5376  
Or Toll Free.....1-877-499-8770  
Health Links-Info Santé  
Toll Free.....1 888 315-9257  
Whitemouth Personal Care Home ..... 204-348-7191

**WINNIPEG BEACH**

**HOSPITAL - Gimli Community Health Centre**

120-6<sup>th</sup> Ave, Gimli..... 204-642-5116

Fax Line.....204-.642-5860

Lab & X-Ray.....204-642-4519

**AMBULANCE/EMERGENCY.....911**

Cancer Navigation Services.....204-785-9576

Or Toll Free .....1-855-557-2273

Community Wellness.....1-877-979-9355

Mental Health Central Intake ... 204-785-7752

Or Toll Free .....1-866-757-6205

24 Hour Mental Health Crisis line 204-482-5419

Or Toll Free.....1-866-427-8628

Mental Health Mobile Crisis.....204-482-5376

Or Toll Free.....1-877-499-8770

Health Links-Info Santé

Toll Free ..... 1 888 315-9257

**WOODLANDS**

**HOSPITAL - Stonewall & District Health Centre**

589-3<sup>rd</sup> Ave. S Stonewall.....204-467-5514

Fax.....204-467-4431

Lab & X-Ray .....204-467-8111

**AMBULANCE/EMERGENCY.....911**

Cancer Navigation Services.....204-785-9576

Or Toll Free .....1-855-557-2273

Community Wellness.....1-877-979-9355

Mental Health Central Intake ... 204-785-7752

Or Toll Free .....1-866-757-6205

24 Hour Mental Health Crisis line 204-482-5419

Or Toll Free.....1-866-427-8628

Metal Health Mobile Crisis.....204-482-5376

Or Toll Free.....1-877-499-8770

Health Links-Info Santé

Toll Free ..... 1 888 315-9257

**VIDIR**

**HOSPITAL - Arborg & District Health Centre**

234 Gislason Dr., Arborg.....204-376-5247

Fax.....204-376-5669

Lab & X-Ray.....204-376-3204

**AMBULANCE/EMERGENCY.....911**

Cancer Navigation Services.....1-855-557-7752

Community Wellness.....1-877-979-9355

Mental Health Central Intake 1-866-757-6205

24 Hour Mental Health Crisis line 1-866-427-8628  
Mental Health Mobile Crisis.....1-877-499-8770  
Health Links-Info Santé  
Toll Free..... 1 888 315-9257