HOW TO REQUEST A VOLUNTEER

A COMMON HOPE



Palliative Care Program

WHAT CAN A
VOLUNTEER
OFFER?



Referrals can be made by anyone and are coordinated through the Palliative Care Volunteer Coordinator.

You may be asked to complete a form which will indicate you agree to the volunteer service.

The form has an area for your address and asks what you need from the volunteer service. Volunteers are available at any time.

Volunteers are well trained and are an important part of the Palliative Care Team providing your care.

At some time, in some way, we must all face the end of life. Most of us share a common hope – that when we die, we feel safe, comfortable, free of pain, and surrounded by those we love. The Palliative Care Program has been designed to help make this hope a reality.

For more information please contact: the Interlake-Eastern Palliative Care Volunteer Coordinator and Community Liaison:

1-855-494-7369

ABOUT THE PROGRAM

Palliative Care is the provision of skilled, compassionate interdisciplinary professional and volunteer care for people whose disease does not respond to curative treatment.

Palliative Care focuses on comfort and quality of life. Palliative Care is not a place with four walls, but rather an emphasis of care that focuses on a philosophy of care aimed to provide comfort at end of life.

Palliative Care is presently provided throughout the region in hospitals, personal care homes and in the home, by a variety of caregivers including physicians, nurses, pharmacists, home care workers, pastoral care, families, friends and volunteers. The goal is the best possible quality of life for clients and their families.

WHAT A VOLUNTEER CAN DO FOR YOU?

at times it is helpful to be able to talk to someone outside of the family unit. Volunteers are able to actively listen. They understand that a visit need not be filled with conservation. Sometimes just being present is all that is needed.

Provide Help With Needed Tasks – shopping, assistance in writing letters, and running errands

Provide Time Off For Caregivers – volunteers can provide short periods of relief to family members so that they can rest.

Provide Companionship – by chatting, playing cards or a game, reading, listening to music, or watching a movie with you.

ABOUT VOLUNTEERS

- Are a part of a multidisciplinary health care team
- Have gone through a screening process
- Are highly qualified
- Have completed a nine week training program on Palliative Care volunteering
- Are involved in ongoing events and education
- Are sensitive to personal, cultural, and religious beliefs, values, and practices.