

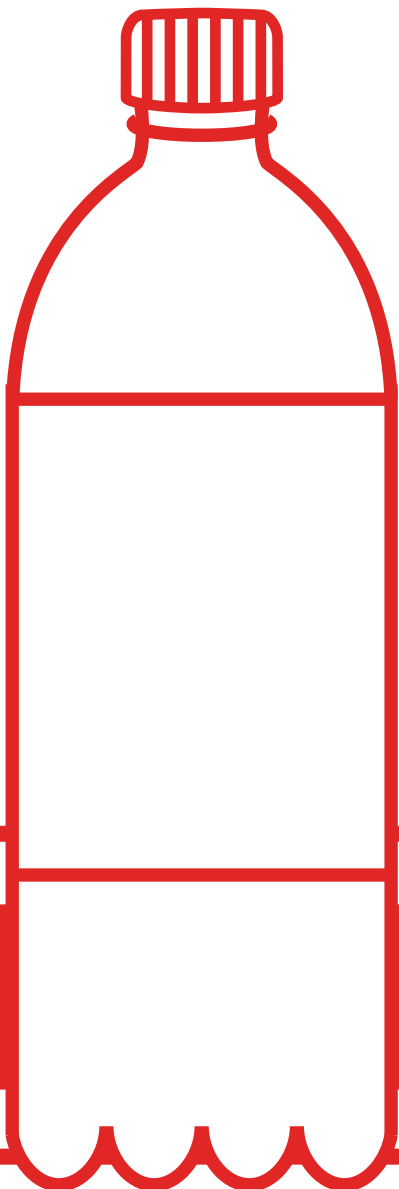
# FIND A NEEDLE PICK IT UP

FOLLOW THESE EASY STEPS

**PEER  
WORKING  
GROUP**

**M-H-R-N**  
MANITOBA  
HARM REDUCTION  
NETWORK

FIND A RIGID  
PLASTIC  
CONTAINER  
WITH A LID

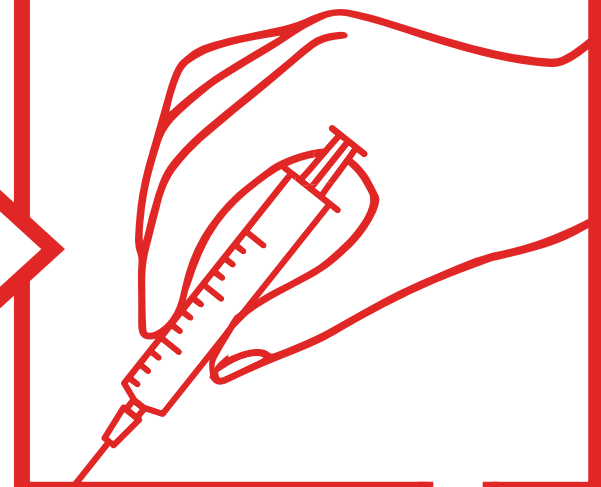


PLACE THE CONTAINER ON  
THE GROUND NEXT TO THE NEEDLE  
(DO NOT RECAP THE NEEDLE)

PICK UP THE  
NEEDLE BY THE  
CENTRE OF THE  
SYRINGE



POINT THE  
NEEDLE DOWN,  
AWAY FROM YOU



JUST DON'T TOUCH  
THE POINTY END

WASH HANDS WITH  
SOAP AND WARM WATER



CAREFULLY  
PUT THE  
SHARP END  
FIRST  
INTO THE  
CONTAINER  
(LEAVE THE  
CONTAINER  
ON THE  
GROUND,  
DO NOT  
HOLD IT)



DROP THE SEALED CONTAINER  
AT A PHARMACY, COMMUNITY  
HEALTH CENTER, OR JUST PUT  
IT IN THE REGULAR GARBAGE

