

The Interlake-Eastern Regional Health Authority has been provided project funding by the Public Health Agency of Canada, under the Harm Reduction Fund. Harm reduction is universally practiced, by individuals, organizations, systems and addresses sexually transmitted blood borne infection (STBBI) transmission and prevention and addresses overdose prevention in relation to substance use. The goal of this project is to bring Indigenous culturally appropriate safe support to people who use or have been affected by substances; in their prenatal, postpartum and early parenting stages by the introduction of Indigenous Doulas. Networks of families will be developed and capacity building opportunities will be determined by the participants in collaboration with Indigenous Elders and Knowledge Keepers.

This Contract is effective December 2022 to March 31, 2025

Two Indigenous Doula contract positions are available. One for the Northwest and one for the Northeast geographical area of Interlake-Eastern Regional Health Authority.

The Indigenous Doula provides compassionate, skilled and knowledgeable support to people who use or have been affected by substances; addresses their prenatal, postpartum and early parenting needs by using trauma-informed, culturally safe and anti-racism approaches to care.

The Indigenous Doula reports to the Clinical Team Manager – Public Health Maternal Child Program lead and will work collaboratively with the funded Project Coordinator, the project steering committee, the project evaluation team to carry out the deliverables associated with project workplan and performance measurement plan.

The candidate should possess:

- Grade 12, GED or other acceptable training;
- Experience working with Elders, and/or Indigenous Knowledge Keepers;
- Completion of the certification requirements for Indigenous Doula Training. Other Doula training may be acceptable;
- Experience working with First Nations/Indigenous stakeholders who provide services to people who are pregnant or in their early parenting stage;
- Direct experience providing support to prenatal and postpartum families;
- Experience working within harm reduction, trauma informed, non-judgmental, and culturally grounded approaches;
- Experience supporting vulnerable population with social and health inequities such as i.e. poverty, substance use, lack of housing and transportation, food insecurity, etc.;
- Ability to develop and document support and wellness plans using a client-centered approach
- Ability to build and maintain respectful and effective relationships with diverse groups, organizations, and individuals to work collaboratively and cooperatively, including good conflict management skills and abilities;
- Ability to multi-task, set priorities effectively, time manage and problem solve;
- Ability to communicate effectively both orally and in writing;
- Experience in group facilitation;



• Ability to efficiently and effectively utilize Microsoft Office Suite including Word, Outlook, Power Point and Excel;

The candidate must have:

- A valid Class 5 Manitoba Driver's License with access to a reliable vehicle;
- Willingness to obtain a Criminal Record Check and Child Abuse Registry Check;
- Flexibility in work schedule including evenings, weekends and possible overnights;
- Ability to travel.

Compensation:

ITEM	FEES
Professional Fees/Training for Doula	Up to \$2000
Sessions with families (5 sessions per family up to 12 families per year)	\$200 per session (up to \$12000 per year)
Capacity building sessions (4)	\$200 per session (up to \$800 per year)
Education to carry out project activities	Up to \$2700 per fiscal year
Reimbursement of travel costs per kilometer	In accordance with provincial government policy
Accommodation for education/training, L+D support, meals and incidentals during stay	\$150/night and \$60/day (up to 9 nights per year)

Please submit a cover letter with resume to Lisa Hrynyk at <u>lhrynyk@ierha.ca</u> or fax to 204-268-6727.

Please respond by January 6, 2023