



Need more support?

A family member, friend, or support person can help you navigate your healthcare journey.

Consider choosing an Advocate. Download the Patient/Resident/Client Advocate Agreement at: <https://sharedhealthmb.ca/files/safe-toolkit-advocate-agreement.pdf>.

Want more information?

Visit: <https://sharedhealthmb.ca/patient-care/quality-patient-safety-learning/patient-safety/its-safe-to-ask/> for more information about It's Safe to Ask and other patient safety resources.

The Personal Health Information Act provides you with a right to access your personal health information. For more information visit: Privacy and Security - Shared Health (sharedhealthmb.ca)



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It's Safe to Ask

Medical Test Follow-Up

When it comes to test results, **do not assume that no news is good news.**

- 1 What is the test for?
- 2 When will I get the results?
- 3 How will I get the results?



1 What is the test for?



Do not assume that no news is good news!

It is a common myth that no news is good news. Do not assume, ask.

Health care is complex. There are many steps between ordering a test(s) and getting the results to you. Although rare, it is possible that important health information can go unreviewed, or be lost. Remember:

'No news is no news'

If you have not heard about your test results, follow-up.

2 When will I get the results?



It's Safe to Ask

Be an active participant in your health care. This is a significant way you can advocate for yourself and your loved ones.

At the time your health care provider orders a test, ask:

1. What is the test for?

Answer: _____

2. When will I get the results?

Answer: _____

3. How will I get the results?

Answer: _____

3 How will I get the results?



Tips for following up on medical test results

- Schedule an appointment to review your test results.
- Ask your health care provider to review your test results with you.
- Call your health care provider for results if you have not heard back in the expected time.
- Include your loved ones or patient advocate if you need help.
- Ask for a copy of your test result*.

Do you have concerns?

If you have concerns please contact the Patient Relations Office in the facility/area where your care was received. For more information:

<https://sharedhealthmb.ca/patient-care/patient-relations/>