

# Breastfeeding Moms Group

A free weekly drop in for breastfeeding parents and infants



**Do you have questions about breastfeeding ?**

“Is my baby getting enough milk?”

“Why are my nipples still sore?”

“Does my baby have a good latch?”

***Just drop in - No registration required***

**Come talk to a Public Health Nurse  
or a Lactation Consultant**

*\*Private consultation available*

**Every 2nd Wednesday 10am-Noon (Sept-June)**

Please call for schedule

**Thursdays 1:00pm- 3:00pm**

**@ Growing Years Family Resource Centre**

**216 Manitoba Ave, Selkirk**

**Phone: 204.785.8218**



Interlake-Eastern  
Regional Health Authority

