

POSITION DESCRIPTION

| POSITION TITLE: | CHRONIC DISEASE NURSE |
|-----------------|-----------------------|
| DEPARTMENT: | PRIMARY HEALTH CARE |

NURSE IV

MNU

UNION:

CLASSIFICATION:

REPORTING RELATIONSHIPS

POSITION REPORTS TO: CLINICAL TEAM MANAGER - PRIMARY HEALTH

POSITIONS SUPERVISED: NOT APPLICABLE

POSITION SUMMARY

The Chronic Disease Nurse (CDN) works collaboratively with the regional healthcare team; clients' and communities to enhance efficient delivery of client centered chronic disease education and care. Understanding the regions unique demographics and based on standardized protocols and guidelines the CDN creates and/or utilizes best practice adult learning tools and other resources to address primary, secondary and tertiary prevention of a variety of chronic diseases and their complications while fostering self-management. The CDN remains current in their knowledge of a variety of chronic diseases, with a focus on diabetes and cardiovascular health. The position of CDN functions in a manner consistent with, and supports the mission, vision and values of the Interlake-Eastern Regional Health Authority.

ESSENTIAL FUNCTIONS AND DUTIES

Function and duties include but are not limited to the following:

• Provides individual and group education specific to a variety of chronic diseases (with a focus on diabetes and cardiovascular health).

- Assesses, plans, implements and evaluates care of clients living with a variety of chronic diseases.
- Supports clients' self-management of chronic disease for optimal independence.
- Maintains familiarity with self-management tools and resources.
- Acts as a navigator; linking clients with chronic disease and their support persons to available resources.
- Collaborates to develop, modify and share teaching content including tools and resources to ensure equitable quality programming regionally.
- Encourages appropriate referral processes for clients.
- Participates in orientation and ongoing training of staff in the delivery of chronic disease care as required.
- Collaborates to deliver chronic disease specific consultation as requested by regional healthcare providers in a variety of settings.
- Supports population health chronic disease prevention initiatives such as screening and community wellness events as required
- Participates in Community Health Assessment, Accreditation, health equity and community engagement as requested.
- Pursuant to the Regional Health Authority Act, Interlake-Eastern RHA is designated bilingual (English/ French). Accordingly, all employees accept the responsibility to support clients in their official language of choice.

OTHER

• Performs other duties as assigned.

QUALIFICATIONS

EDUCATION/CERTIFICATION:

- Bachelor of Nursing required.
- Current, active registration with College of Registered Nurse of Manitoba and a member in good standing required.
- Current Chronic Disease Educator certification preferred.
- <u>Or</u> Completion of a Chronic Disease Educator certification within two (2) years of hire date.
- Current Basic Life Support required.

REQUIRED KNOWLEDGE:

- Knowledge and skills in the assessment and therapeutic intervention for a variety of chronic diseases, with a focus on Diabetes and Cardiovascular Disease.
- Sound knowledge of learning principles for adults.
- Program development knowledge.

EXPERIENCE REQUIRED:

- Minimum two years chronic disease nursing experience preferred.
- Experience in community nursing an asset.

- Program development experience preferred.
- Experience working with diverse populations with particular knowledge of Indigenous communities and culture an asset.

SKILLS/COMPETENCIES:

- Basic and advanced nursing skills utilized in the assessment and care of clients with a variety of chronic disease (with a focus on diabetes and cardiovascular disease).
- Ability to demonstrate sound knowledge of determinants of health and health equity.
- Advanced communication skills with experience in both group and individual settings.
- Proficient in Microsoft Office computer programs.
- Developed leadership skills.
- Maintains competency to utilize technologies as they become available (such as WebEx and telehealth) to enable virtual care and communication thus increasing accessibility and decreasing (when appropriate) the need for provider and/ or patient travel.
- Maintains competency in the utilization of the approved EMR to communicate, record, report and collect data for evidence of quality client care as directed.
- Ability to advocate for and adapt to client, community and team needs.
- Consideration of client and community cultures, customs and values will be incorporated into all aspects of care.
- Preference given to candidates who have Aboriginal language skills.
- Presentation skills.
- Valid Manitoba drivers' license.
- Given the cultural diversity of our region, the ability to communicate in more than one language would be considered an asset.
- Proficiency of both official languages is essential for target and designated bilingual positions.
- Completes and maintains a satisfactory pre-employment security check.
- Satisfactory employment record.

WORK CONDITIONS

- The incumbent functions autonomously on a day-to-day basis and manages assigned duties accordingly.
- Will be required to travel throughout the region as duties may require.
- No hazardous or significantly unpleasant conditions.
- All health care workers are required to be immunized as a condition of employment in accordance with the Interlake-Eastern RHA Policy GA-13-P-110 Required Immunizations for Health Care Workers.

WORKPLACE SAFETY AND HEALTH

The incumbent contributes to making the organization safe for clients and staff and recognizes the importance of reporting unsafe situations and participating in follow up reviews as a learning opportunity.

- Provides a safe environment by ensuring the adherence to Workplace Safety and Health Regulations and Policies and Infection Control Guidelines. Obeys all safety and health rules and follows recommended Safe Work Procedures. Informs supervisor of any unsafe acts, work conditions, incidents, near misses, injuries or illnesses immediately.
- Demonstrates a working knowledge of Workplace Hazardous Materials Information Systems (WHMIS) and adheres to procedures for handling and storing controlled substances as described in the Material Safety Data Sheets (MSDS). Uses personal protective equipment as required.
- Demonstrates understanding of role and responsibilities in fire prevention and disaster preparedness and participates in safety and health training programs including the health facilitys' Fire, Disaster and Evacuation Plan.

PATIENT SAFETY

• Participates in and demonstrates an understanding of patient safety principles and practices into all day to day activities. Follow all safe work practices and procedures and immediately communicates any activity or action which may constitute a risk to patient safety.

| Created: | | |
|--------------|--------------------------------|------|
| | Date | |
| Revised: | December, 2021 | |
| | Date | |
| Approved by: | Regional Manager/Supervisor | Date |
| | Regional Managery Supervisor | Date |
| Approved by: | | |
| | Regional Lead/ CEO | Date |
| Reviewed by: | | |
| | Regional Lead, Human Resources | Date |

Position descriptions assist organizations in ensuring that the hiring process is fairly administered and that qualified employees are selected. They are also essential to an effective appraisal system and related promotion, transfer, layoff, and termination decisions. Well constructed position descriptions are an integral part of any effective compensation system.

All descriptions have been reviewed to ensure that only essential functions and basic duties have been included. Peripheral tasks, only incidentally related to each position, have been excluded. Requirements, skills and abilities included have been determined to be the minimal standards required to successfully perform the position. In no instance, however, should the duties, responsibilities, and requirements delineated be interpreted as all inclusive. Additional functions and requirements may be assigned by supervisors as deemed appropriate.