

# **POSITION DESCRIPTION**

**POSITION TITLE:** CRISIS WORKER III, YOUTH

**DEPARTMENT:** MOBILE CRISIS SERVICES

CLASSIFICATION: CRISIS WORKER

**UNION:** MGEU — COMMUNITY SUPPORT

#### REPORTING RELATIONSHIPS

POSITION REPORTS TO: CLINICAL TEAM MANAGER, MENTAL HEALTH AND CRISIS SERVICES

**POSITIONS SUPERVISED:** NOT APPLICABLE

### **POSITION SUMMARY**

The Crisis Worker III, Youth (CW III Youth) assists the Community Mental Health Worker – Mobile Crisis Unit (MCU) to resolve mental health crises in the least restrictive manner and environment. This is accomplished by assessment of the individual and the individual's situation, engaging in crisis intervention techniques, mobilizing appropriate resources, and ensuring the safety of the individual and others. The incumbent follows the leadership of the Community Mental Health Worker, will demonstrate a commitment to holistic practice, and will be focused on client assets, strengths, recovery and increasing competencies. Values of clients of person-centered care, accessibility, respect, continuous improvement and ethical practice will direct implementation of the service delivery. The positon of CW III, Youth functions in a manner consistent with, and supports the Mission, Vision and Values of the Interlake-Eastern Regional Health Authority.

### **ESSENTIAL FUNCTIONS AND DUTIES**

Function and duties include but are not limited to the following:

- Under the leadership of the Community Mental Health Worker MCU, responds to crisis calls.
- Under the leadership of the Community Mental Health Worker, provide an in-person response in order to determine the nature of the crisis and an appropriate course of action.

- Assist the Community Mental Health Worker to assess the immediate causes that precipitated the crisis.
- Assist the Community Mental Health Worker to assess individual's mental status, degree of risk and status as per the Mental Health Act, degree of risk in the areas of social, psychological, health, etc., in order to establish goal of intervention and to develop a plan of action.
- Assist the Community Mental Health Worker to institute the plan of action in the form of crisis intervention techniques. This includes active participation of the individual whenever possible.
- Assists the Community Mental Health Worker to determine what community resources will be utilized to meet the immediate crisis. Resources will include but will not be limited to, Crisis Stabilization Unit, Hospital Emergency Departments, Community Mental Health Workers, Primary Care Providers, RCMP, etc.
- Assist the Community Mental Health Worker to link the individual to appropriate and agreed upon resources in the community.
- Under the direction of the CMHW MCU, liaise with resources as necessary.
- Assist in connecting the individual with his/her natural support networks as appropriate.
- Document Mobile Crisis Services involvement with client in a thorough, concise and legible manner with the supervision of the Community Mental Health Worker.
- Ensure all follow-up is thorough and complete prior to closing a file. Ensure evaluation of Mobile Crisis Services involvement has been effective in resolving the crisis.
- Respond to calls on the 24-hour Crisis Line and document on the appropriate form, review all calls with the CMHW MCU.
- Under the direction of the CMHW MCU, provide consultative services to other care providers in the community as requested.

# Consultation

- Seek out feedback from the Community Mental Health Worker and/or Clinical Team Manager as required.
- Consult with and work in collaboration with other members of the individual's care team, inclusive of primary health care providers.

# **Program Planning, Analysis and Education**

- Participate in strategic and program planning.
- Provide data and prepare reports as requested.
- Participate in regular staff and program evaluations.

### **Education and Learning**

- Provides preceptorship opportunities to new employees.
- Understand the core elements of recovery orientation can be practiced in any mental health setting and how this orientation can be applied to diverse populations.
- Engage regularly in reflective practice to continuously increase knowledge, examine their own work, mindsets, and habits, and make progress in supporting recovery.
- Commit to learning from people with lived experiences of mental health problems and illnesses about how the service can best support their recovery efforts.
- Continuously develop knowledge in recovery-oriented learning and practice.

- Acknowledge the importance of being inclusive and seeking to maximize opportunities for people to exercise self-direction and take responsibility of their own recovery.
- Aware of relevant legislation, such as, but not limited to, The Personal Health Information Act, The Mental Health Act, and the Child and Family Services Act.
- Pursuant to the Regional Health Authority Act, Interlake- Eastern RHA is designated bilingual (English/ French). Accordingly, all employees accept the responsibility to support clients in their official language of choice.

#### OTHER

Performs other duties as assigned.

#### QUALIFICATIONS

## **EDUCATION/CERTIFICATION:**

- University or College education in social/ human services preferred.
- ASIST Certificate (Applied Suicide Intervention Skills Training) required.

## **REQUIRED KNOWLEDGE:**

- Knowledge of mental health problems and illnesses.
- Demonstrated competence in crisis intervention.
- Knowledge of co-occurring disorders, i.e. addictions and mental health and the related impact on family dynamics.
- Knowledge of developmental delay and mental health and the related impact on family dynamics.
- Knowledge of community resources and procedures related to accessing the available services
- Knowledge of and the ability to work within the mental health recovery model.

# **EXPERIENCE REQUIRED:**

• Two (2) years' working in the field of mental health required.

## SKILLS/COMPETENCIES:

- Excellent verbal and written communication.
- A positive attitude towards learning, growth and health.
- Demonstrated ability to problem-solve.
- Ability to interact with individuals of diverse cultural and economic backgrounds.
- Proficiency in Microsoft Office applications (Word, Excel, and PowerPoint).
- Good physical and mental health to meet the demands of the position required.
- Class 5 Driver's license required.
- Given the cultural diversity of our region, the ability to communicate in more than one language would be considered an asset.
- Proficiency of both official languages is essential for target and designated bilingual positions
- Completes and maintains a satisfactory pre-employment security check.
- Satisfactory employment record.

#### WORK CONDITIONS

- The incumbent functions autonomously on a day-to-day basis and manages assigned duties accordingly.
- Will be required to travel throughout the region as duties may require.
- No hazardous or significantly unpleasant conditions.
- All health care workers are required to be immunized as a condition of employment in accordance with the Interlake-Eastern RHA Policy GA-13-P-110 Required Immunizations for Health Care Workers.

#### WORKPLACE SAFETY AND HEALTH

The incumbent contributes to making the organization safe for clients and staff and recognizes the importance of reporting unsafe situations and participating in follow up reviews as a learning opportunity.

- Provides a safe environment by ensuring the adherence to Workplace Safety and Health Regulations and Policies and Infection Control Guidelines. Obeys all safety and health rules and follows recommended Safe Work Procedures. Informs supervisor of any unsafe acts, work conditions, incidents, near misses, injuries or illnesses immediately.
- Demonstrates a working knowledge of Workplace Hazardous Materials Information Systems (WHMIS) and adheres to procedures for handling and storing controlled substances as described in the Material Safety Data Sheets (MSDS). Uses personal protective equipment as required.
- Demonstrates understanding of role and responsibilities in fire prevention and disaster preparedness and participates in safety and health training programs including the health facilitys' Fire, Disaster and Evacuation Plan.

Participates in and demonstrates an understanding of patient safety principles and practices

## PATIENT SAFETY

•	day activities. Follow all safe work practices any activity or action, which may constitute	•	<i>'</i>
Created:	Date	_	
Revised:	<u>March 2018</u> Date	_	
Approved by:	Regional Manager/ Supervisor	Date	
Approved by:	Vice President/ CFO		

Reviewed by:		
•	Vice President, Human Resources	Date

Position descriptions assist organizations in ensuring that the hiring process is fairly administered and that qualified employees are selected. They are also essential to an effective appraisal system and related promotion, transfer, layoff, and termination decisions. Well constructed position descriptions are an integral part of any effective compensation system.

All descriptions have been reviewed to ensure that only essential functions and basic duties have been included. Peripheral tasks, only incidentally related to each position, have been excluded. Requirements, skills and abilities included have been determined to be the minimal standards required to successfully perform the position. In no instance, however, should the duties, responsibilities, and requirements delineated be interpreted as all inclusive. Additional functions and requirements may be assigned by supervisors as deemed appropriate.