



**PLEASE FORWARD TO THE APPROPRIATE STAFF**

February 2026

To Whom It May Concern,

The Interlake-Eastern Regional Health Authority is planning the annual CAMP STEPPING STONES weekend located at the Camp Arnes facility, just north of Gimli, MB from **May 29 to May 31, 2026**. This unique camp is for children between the ages of 7 to 14 who have experienced the recent death of someone significant in their lives.

For children who are interested in attending Camp Stepping Stones, applications may be obtained by contacting 1-204-406-8327, email: [campsteppingstones@ierha.ca](mailto:campsteppingstones@ierha.ca). Additional information, Volunteer and Camper applications are also available on the Interlake-Eastern Regional Health Authority website at [www.ierha.ca](http://www.ierha.ca) > [Programs & Services](#) > [Palliative Care](#) > [Camp Stepping Stones](#).

For Camper applications to be considered for Camp Stepping Stones 2026, they must be received by the deadline of **Friday, April 17, 2026**. Camp Stepping Stones can only accommodate 40 campers; selections will be made after the deadline and all that applied will be notified of acceptance or non-acceptance.

Sincerely,

Lorraine Schmidt  
Camp Stepping Stones Team

Interlake Eastern Health Services  
589 – 3<sup>rd</sup> Avenue S  
Stonewall, Manitoba R0C 2Z0  
Phone: 204-406-8327