WELCOME

2023 Strategic Plan Annual Review

Please ensure your camera is off and your mic is muted. Question time will be available after each presentation.



Opening Remarks



Michele Polinuk Board Chair



Opening Prayer



Lynette McDonald
Director, IERHA Board



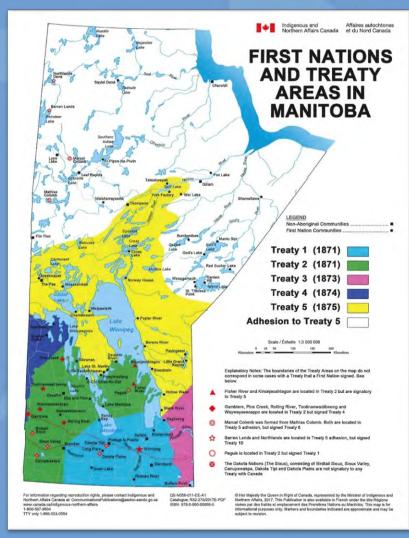
Traditional Lands Acknowledgement



Cyndi Typliski
Vice-Chair, IERHA Board



Traditional Lands Acknowledgement



Interlake-Eastern Regional Health Authority delivers health-care services on First Nation Treaty Territories 1, 2, 3 and 5 and on the homeland of the Red River Métis Nation. We respect that First Nations treaties were made on these territories. We understand that we are all treaty people with rights and responsibilities under these treaties. We acknowledge harms and mistakes, and we dedicate ourselves to collaborate in partnership with First Nations, Inuit and Red River Métis peoples in the spirit of reconciliation.



Agenda for the day

- IERHA Strategy in Context of Current Environment
- Health System Horizon Topics/Updates
 - Indigenous Health Quality Framework Dr. Marcia Anderson & Amanda Fowler-Woods
 - Health Equity Panel Discussion Panel of Health Directors
 - Social Prescribing Connie Newman & Dr. Mike Routledge
 - Provincial CancerCare Road Map—Dr. Sri Navaratnam
- Strategic Steering Committee Updates
- Evaluation and Feedback
- Closing Comments



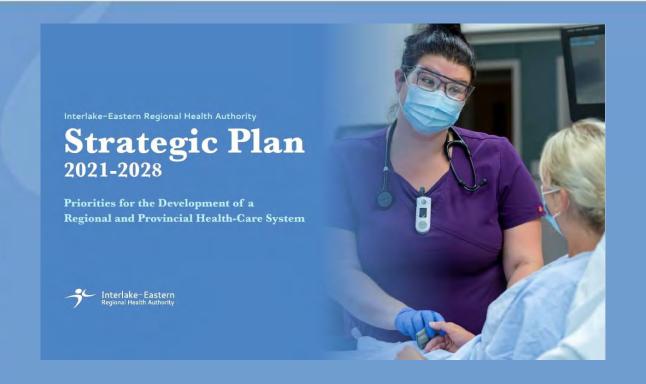
Objectives for the 3rd Annual Strategic Plan Review Day

Provide staff, clients, families, the other stakeholders with:

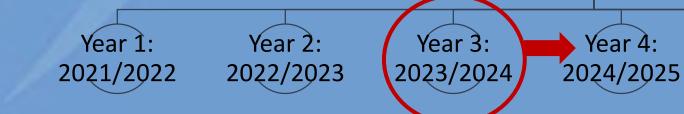
The opportunity to participate in the "horizon scan" on new emerging trends, best practice, initiatives, etc.

Up-to-date information about the strategic plan and keeping everyone informed on progress

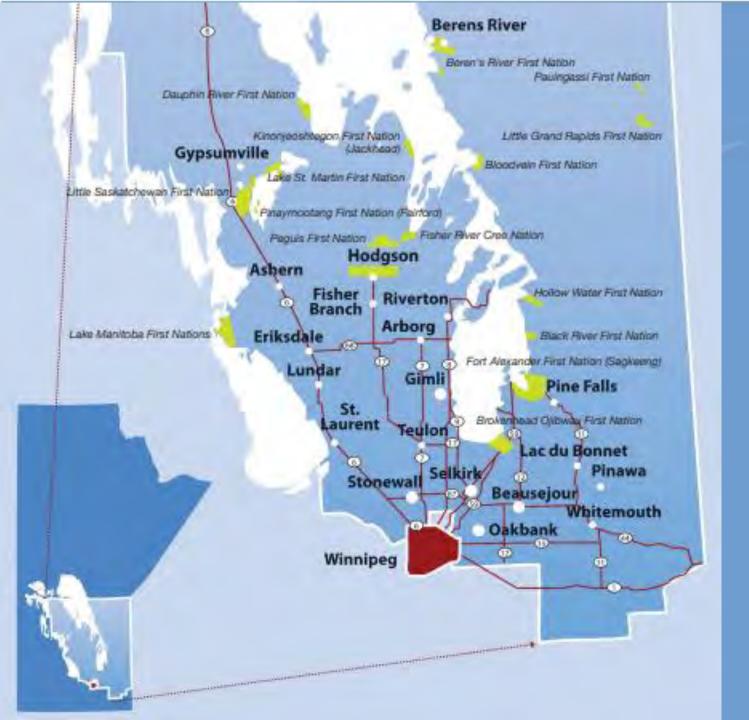




2021-2028 IERHA Strategic Plan







Who are we as a region

- Roughly 10% of Manitoba's population and geography
 135,000 residents (as of 2021)
- 17 First Nation communities,
 27% of region's population selfidentify as Indigenous
- Higher percentage of people aged 50+ than provincial average



Strategy in Context of Environment

May 2021:

- Access to primary health-care close to home
- Wait times for specialty services
- Reliability of health-care services including access to urgent and emergency care
- Access to mental health services
- Culturally appropriate care and inequities of health status
- Efficient care coordination

2022-2023 Arising priorities:

- Global shortage of health workers
- Looming recession/inflation
- Supply chain challenges
- Long-term/chronic health conditions
- Growing health inequalities



Strategy in Context of Environment

A culture shift that is truly person-centred.

A person's experience is as important as their outcome.



Questions/Comments?



Collaborative Health System Updates



Indigenous Health Quality Framework

Dr. Marcia Anderson

Vice-Dean, Indigenous Health, Social Justice and Anti-Racism, Rady Faculty of Health Sciences, University of Manitoba

Amanda Fowler-Woods

Department of Community Health Sciences, Max Rady College of Medicine, Rady Faculty of Health Sciences, University of Manitoba

Health Equity Panel Discussion

Gwen Traverse

Director of Health for Pinaymootang First Nation

Adam Sanderson

IERHA Regional Manager – Indigenous Health



Social Prescribing

Connie Newman

Executive Director, Manitoba Association for Senior Communities

Dr. Mike Routledge

Medical Lead, Manitoba Association for Senior Communities - Social Prescribing Project



IERHA – November 30, 2023 Strategic Planning

We acknowledge that we are gathering on Treaty One land, the traditional territory of the Anishinaabe, Cree and Dakota Nations, and the National Homeland of the Red River Metis. We are grateful for their stewardship of this land and their hospitality; We are also thankful for the gift of water from Shoal Lake 40 First Nation and hydro from TREATY 5 Nations, which allow us to live, work, and play.

Who we are



The Manitoba Association of Senior Communities (MASC) facilitates and supports the healthy aging of older Manitobans through leadership, learning, connection, and community engagement

```
..... through our 80+ member centres
```

..... Through our 90+ age friendly communities

..... With an Executive Director, 10 consultants, 2 support staff

Our Social Prescribing Implementation team includes

.... Connie Newman, Executive Director

.... Jim Hamilton

.... Dr. Michael Routledge

.... Dr. Verena Menec

Social Prescribing...in Manitoba



Provincial & Regional Resources...

- ➤ Provincial Government
 Health,
 Seniors & Long-term Care,
 Mental Health & Community Wellness
- ➤ Regional Health Authorities
- ➤ Provincial Associations
 - ➤ Alzheimers Society
 - ➤ Active Aging in MB

Social Prescribing...in Manitoba



Community Resources...

... key Intersectoral Players

- ➤ Health Care Providers
- ➤ Age-Friendly Leadership
- ➤ Senior Centres/Communities

^{*}Senior Resource Coordinators/Finders



Why Social Prescribing

Dr. Michael Routledge





What do Seniors Resource Coordinators do?

The services and programs that a SRC can link you to, vary from one neighbourhood to another based on local needs.

Some services are common to all communities.

Some communities have active living centres – senior centres



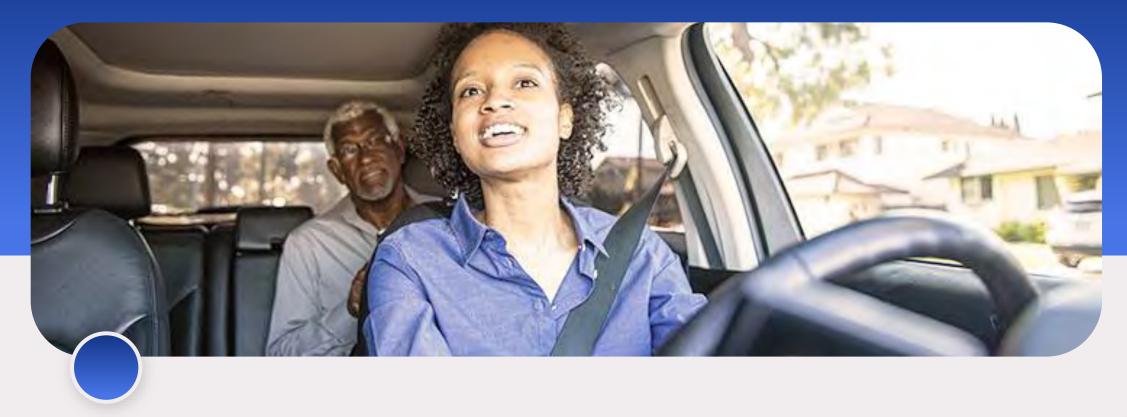
Emergency ResponseInformation Kits

The kit contains:

- An E.R.I.K.® information sheet
- A Health and Medication form
- A Manitoba Health Care Directive form
- A Sign up for Life Organ Donation Registration card
- A red E.R.I.K.® sticker to be placed on the front door
- Business card for the local Seniors Resource Coordinator/Seniors
 Resource Finder
- Patient Advocate form
- Optional: French and Hard of Hearing stickers upon request
- Once completed, the kit is placed on the fridge and the E.R.I.K.[®] sticker on the front door.







Escorted Transportation & Other Transportation Options

- Connection to transportation options
- Arranging for volunteer drivers



Yard & Home Maintenance Referral Program

- connection to housing supports/resources



Meal Programs

• Meal delivery, pick up and in person dining programs may be available





- Varies by area and community needs
- Seniors outreach programs



Educational Materials

Seniors Resource Coordinators have information for you about many topics important for older adults to stay happy, healthy, safe and active in their homes.

Awareness of 211







Community Presentations

- Organize community education events and workshops
- Let your SRC know if there are speakers or topics that you would like to hear about

Information & Referral Services

 We offer a community information and referral service, which refers older adults to social services and programs available through health, educational, cultural and recreational resources in Manitoba.





Support Services

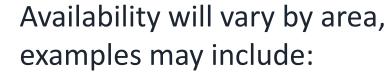
Support groups may be available for such things as:

- Vision impaired
- Hard of Hearing
- Dementia Care
- Grief



Active Older Adults





- Yoga
- Zumba
- Pickleball
- Tai Chi
- Dancing
- Walking clubs
- Gardening



Opportunities may include things such as:

- Art classes
- Technology classes
- Men's Shed
- Bingo
- Crafts





Volunteer Opportunities

Senior Resource Coordinators & Active Living Centres are always looking for volunteers who can lend their skills and talents to supporting the community





Special Events

Events for special occassions, like holidays and current events





- Senior Resource Coordinators & Active Living Centres know what programs and services are available in the community.
- They can connect you to public and private services that you might not know are available.
- They work with partners in the community and the health care system to support you
 - Alzheimer's Society
 - A&O: Support Services for Older Adults
 - +++

Social Prescribing...in Canada



The Canadian Institute for Social Prescribing (CISP) is a new national hub to link people and share practices that connect people to community-based supports and services that can help improve their health and wellbeing (as of 2022)

Canadian Institute for Social Prescribing



Community Partners















...and many more

SRC's & some active living centres are funded by Regional Health





Questions, comments......

Connie Newman, Executive Director ccnewman@shaw.ca 204-792-5838

www.agefriendlymanitoba.com www.manitobaseniorcommunities.ca

Provincial CancerCare Road Map

Dr. Sri Navaratnam

President and CEO, CancerCare Manitoba





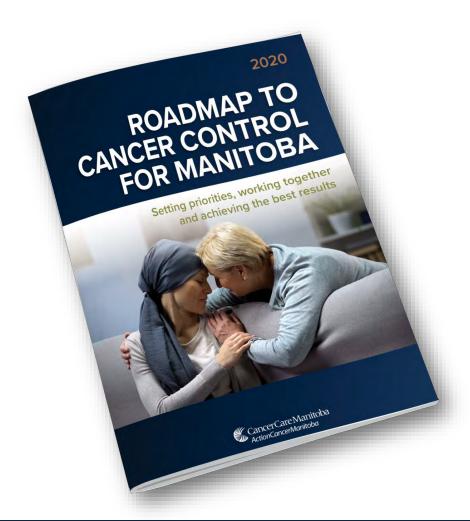
Cancer Updates for our Partners in the IERHA Region

Dr. Sri Navaratnam, President and CEO CancerCare Manitoba

IERHA Annual Strategic Plan Review Thursday, November 30, 2023



Roadmap to Cancer Control for Manitoba



Working together with our partners to achieve the best results

Successful implementation of a well-planned, robust and comprehensive cancer control program which involves the whole healthcare system will determine the cancer outcomes and health of the population in Manitoba.

6 Priorities of the Roadmap





Promote cancer prevention and screening

Priority 2



Deliver timely access to quality cancer care closer to home

Priority 3



Provide evidencebased, high-quality cancer services

Priority 4



Improve patient experience throughout the cancer continuum

Priority 5



Ensure sustainability of cancer services

Priority 6



Improve First Nations, Métis, and Inuit cancer control and outcomes

Roadmap Progress and Planning Ahead



APR 2021-2022 Year 1 Roadmap



APR 2022-2023 Year 2 Roadmap



Hope and Healing Program

Centres for Hope

- Provincial Winnipeg, Brandon, Boundary Trails,
 with a vision for other sites in Manitoba ...
- Integrated: Person-centred care
- Supportive cancer care
- Patients with <u>all</u> cancers
- In person and virtual

Provincial Cancer Standards

- Development and management
- Dissemination and communications
- Measuring and monitoring
- Quality improvement







Manitoba Provincial Clinical and Preventive Services Plan

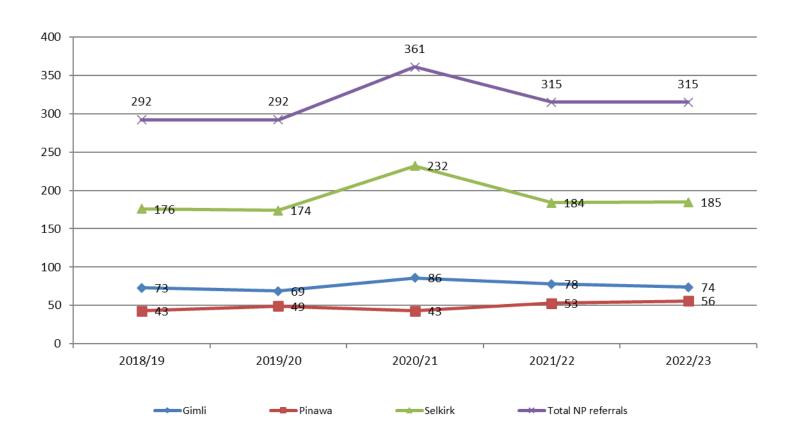
Cancer Priorities Working with CPSP Partners

- Primary Care Oncology
- Provincial Cancer Surgery Quality
- Hematology
- In-Patient Oncology Unit

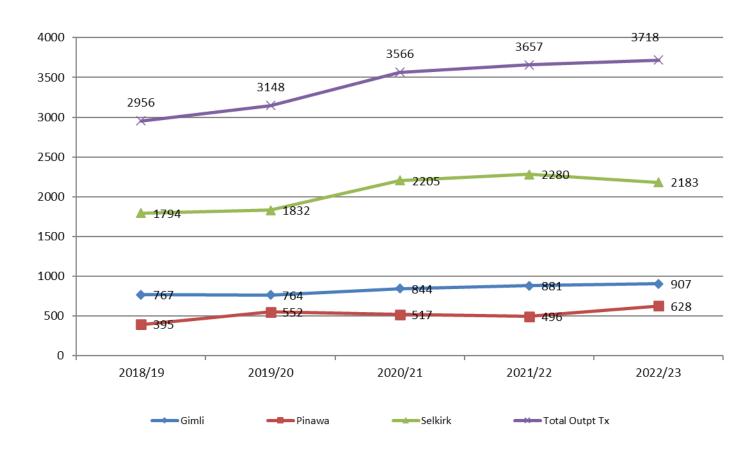




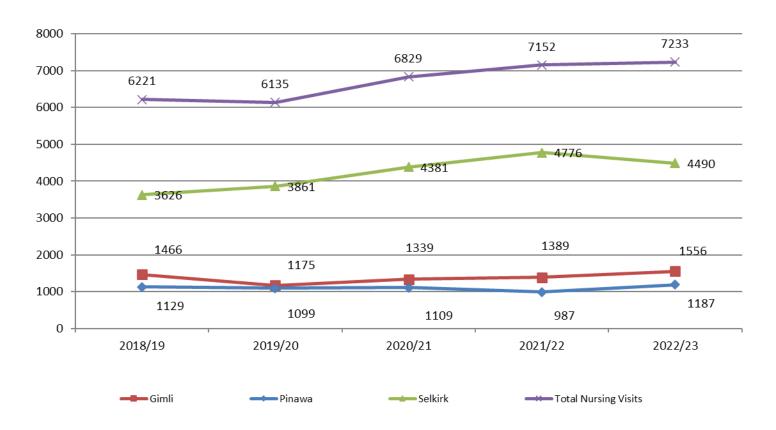
IERHA Community Cancer Programs New Patient Referrals 0% decrease



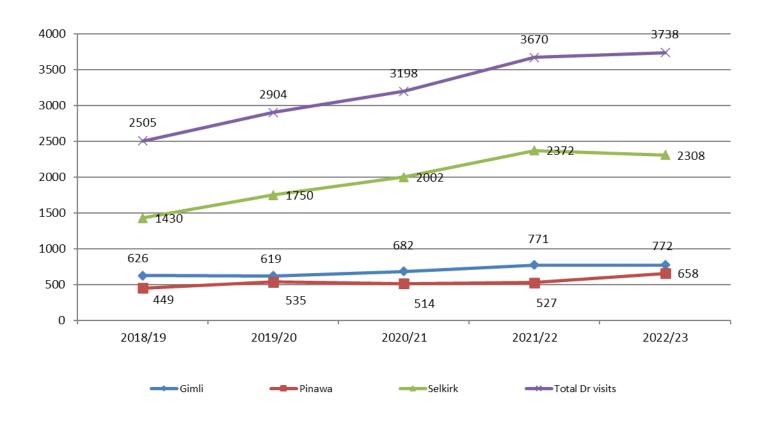
IERHA Community Cancer Programs Total Outpt Tx (IV Chemo, Bladder, IM, SC) 2% increase



IERHA Community Cancer Programs Patient Visits (Nursing) - chemo & clinic 1% increase



IERHA Community Cancer Programs Physician Clinic Visits - 2% increase

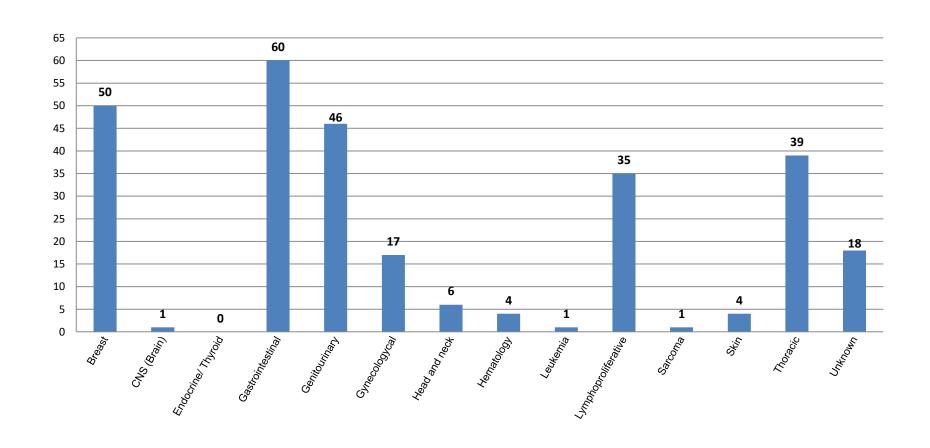


IERHA – Cancer Navigation Services 2016-17 to 2022-2023

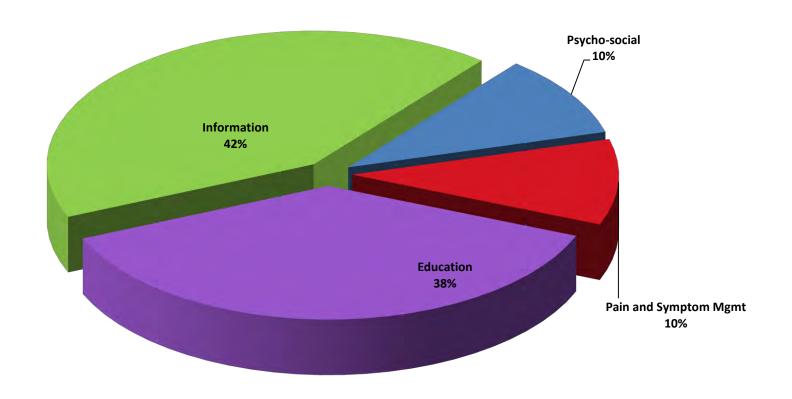
Nurse Navigators: New Referrals (*)

		2016-17	2017-18	2018-19	2019-20	2020-21	2021-22	2022-23
Interlake								
Eastern RHA	Total- RHA	441	414	408	432	341	334	335
* Based on Department stats, vary from ARIA numbers								

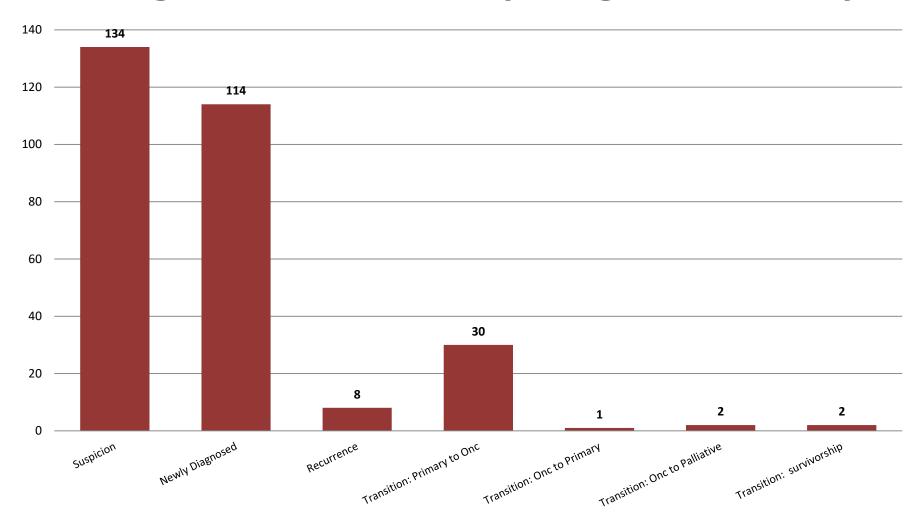
Navigation Referrals by DSG



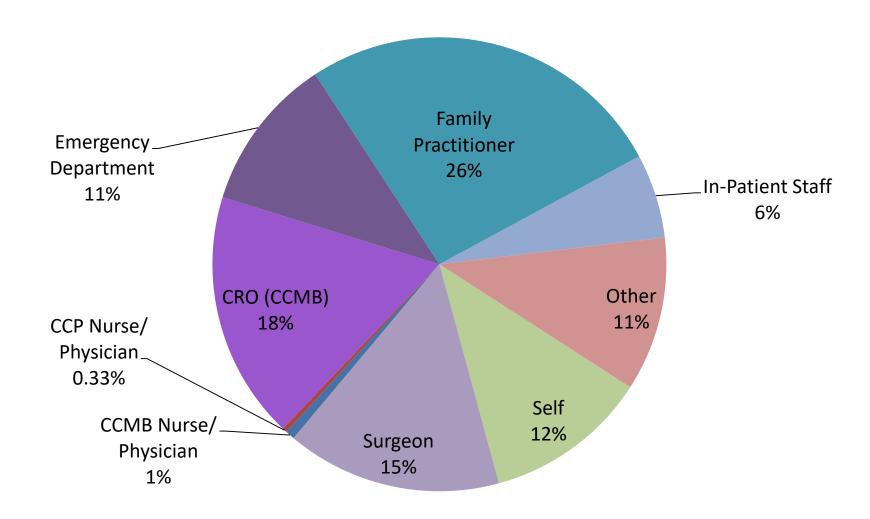
Navigation Referrals by Identified Need



Navigation Referrals by Stage of Journey



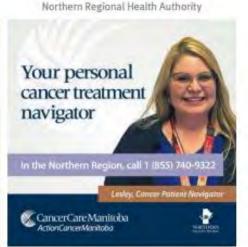
Navigation Referral Source



Cancer Patient Navigators Supporting cancer patients in every health region







Prairie Mountain Health

CancerCareManitoba ActionCancerManitoba



Winnipeg Regional Health Authority



Interlake-Eastern Regional Health Authority





Indigenous Community Profiles

We work in Treaty 1 territory and the land on which we gather is the traditional territory of Anishinaabeg, Cree, Oji-Cree, Dakota, and Dene Peoples, and on the homeland of the Métis Nation.



Home

Communities

Resources

Contact Us

CancerCare Manitoba Community Profiles

First Nations, Métis and Inuit Community Profiles provide community information and resources that can be used to support people with cancer.

EXPLORE THE PROFILES









Community Profiles





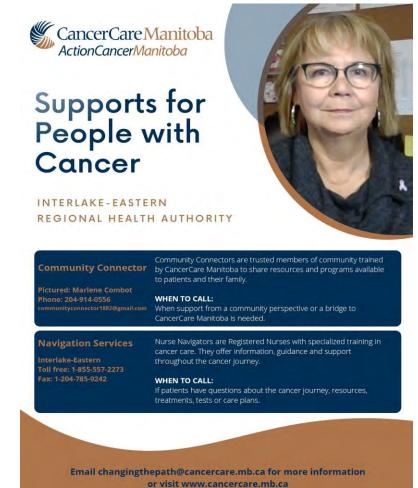
Community Connectors

Participation from IRTC and SERDC Tribal Councils on Steering Committee for Community Connectors and Community Profiles Project

70 Indigenous Community Connectors trained (CPAC Funded)

25 active (Pandemic) - Acting like bridges between community members and CCMB's programs and services

- 10 Active IERHA
- •5 Cross-Jurisdictional





Community Engagement Liaisons

- 2 Community Engagement Liaisons
- Located to serve two areas of the region
 - East-Side of Region
 - Between the Lakes
- Provide cancer education, promote screening, engage with communities and community connectors.



First Nations: Cancer Screening Working Group

- This group was formed to help understand the barriers and promote communication and collaboration.
- Stakeholders/Members include:
 - IERHA Cancer Services, Cancer Navigation
 - CCMB Cancer Screening,
 Underserved Populations Program
 - IRTC (Interlake Reserve Tribal Council) – Health
 - SERDC (SouthEast Resource Development Council) - Health
 - Independent communities: Beren's River, Sagkeeng, Lake St. Martin, and Fisher River - Health



First Nations: Colon Cancer Screening Engagement

2021 - Engagement to Obtain Community Feedback on Colon Cancer Screening:

- •Over 70 individuals aged 50-75 participated in private consultations
- •Community participation in 2 focus group sessions

2023 – Giant Colon engaged 1,247 people

Pinaymoogtang 2023



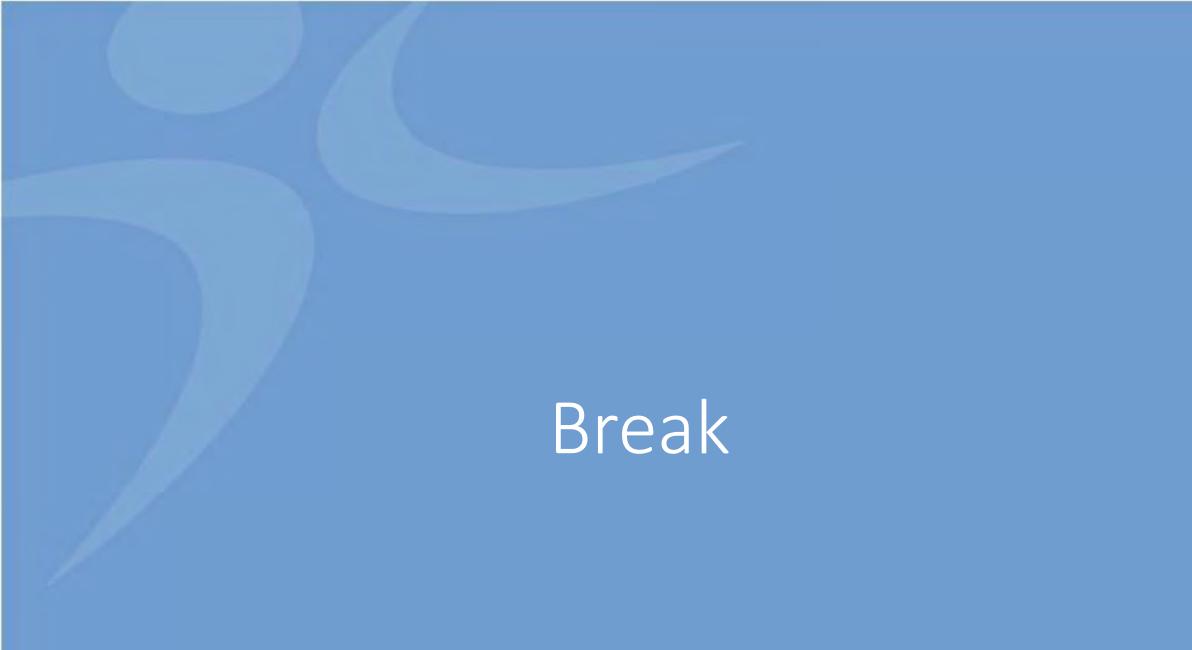
CCMB Patient & Family Advisor Program

Engagement with patients, family members and caregivers to volunteer as partners with CancerCare Manitoba to advise and share their experiences on a variety of projects and initiatives

Currently 70+ active advisors with diverse diagnoses and experiences

Approximately 6 advisors from IERHA







Stakeholder Feedback

Thank you to all who provided feedback in advance of today's session!

"As an organization, what did we do well during the past year?"

Stakeholder Engagement Indigenous Partnerships "As an organization, where do we need to improve?"

Recruitment & Retention

Addressing Health Equity

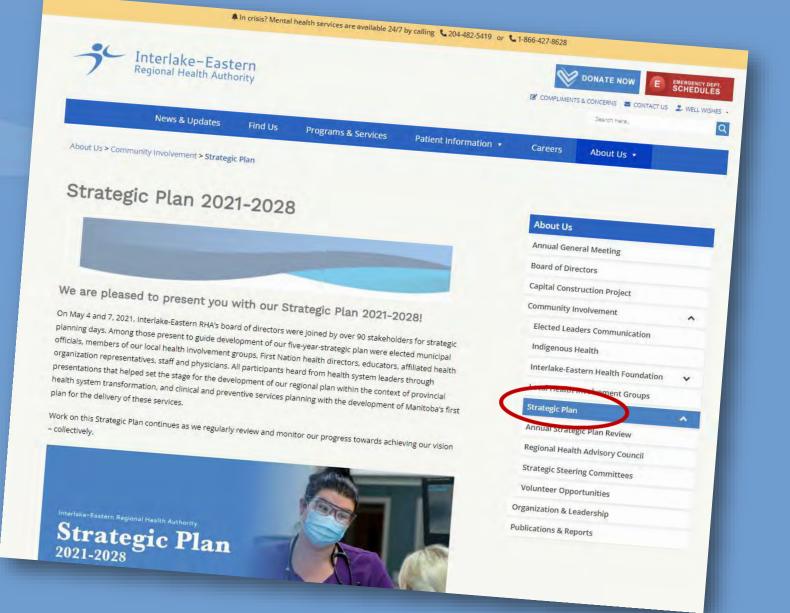


Strategic Steering Committee UPDATES



To view the plan or contribute visit:

www.ierha.ca > click on "About Us"







STRATEGIC STEERING COMMITTEE: Integrated and Coordinated Health Care



CHAIR Dr. Charles Penner Regional Lead, Medical Services and Chief Medical Officer





STRATEGIC STEERING COMMITTEE: Integrated and Coordinated Health Care

Progress & Achievements

• Regional Pain Care Clinic at Selkirk Regional Health Centre



Pictured Above: Pain Care Clinic Staff & Leadership



Pictured Above: Fluoroscopy utilizing (C-arm is a mobile medical imaging device)





STRATEGIC STEERING COMMITTEE: Integrated and Coordinated Health Care

Progress & Achievements

• Developing Strategies to Increase Cancer Awareness through

Community Engagement



Pictured Above: The interactive, walk through, inflatable depiction of the inside of a colon



Pictured Above: IERHA's Board of Directors learning about the Giant Colon Toolkit



Pictured Above: The interactive, walk through, inflatable depiction of the inside of a colon



STRATEGIC STEERING COMMITTEE: Primary and Community Care Transformation



CHAIR

Kate Hodgson

Regional Lead, Health Services

Community & Continuing Care





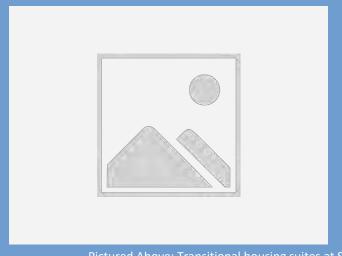
STRATEGIC STEERING COMMITTEE: Primary and Community Care Transformation

Progress and Achievements

- Expansion of Nurse Practitioners (NPs) in primary care - increased staff hours and the creation of new positions in Pine Falls, Ashern, Eriksdale, Fisher Branch, Selkirk, and Winnipeg Beach
- Hospital teams have new dedicated resources to facilitate safe discharges or transfers to personal care homes
- Opened two transitional housing suites in Stonewall



Pictured Above: The region's primary care team including primary care nurses and nurse practitioners





Pictured Above: Transitional housing suites at Stonewood Place in Stonewall







CHAIR Paul Barnard

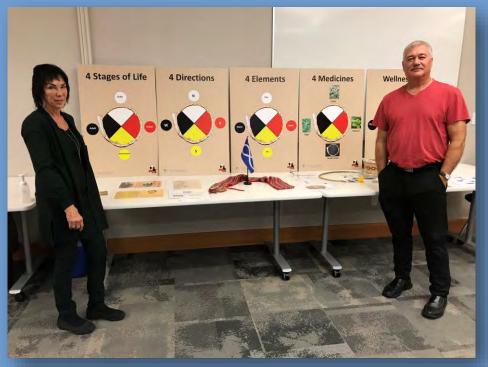
Executive Implementation Lead, Clinical & Preventive Services Plan (CPSP)





Indigenous Related Progress & Achievement

- All Regional Leadership Team have completed Indigenous Cultural Awareness training
- In partnership with Interlake Reserves
 Tribal Council (IRTC) an Indigenous
 Health Liaison position was created and is based in Ashern, as well as a new
 Elder supporting the region
- Access to new smudging ceremony and guidelines developed at all IERHA hospitals, personal care homes and supportive housing



Pictured Above: Lori Ann Buors and Robert Maytwayashing providing Indigenous Cultural Awareness Training





Indigenous Related Progress & Achievement

- Participated in the 2023 Racial Climate Survey
- The continued development of a IERHA Indigenous procurement policy that is integrated with provincial Indigenous procurement direction
- Facilitate strong partnerships and connections with Indigenous stakeholders at all levels



Pictured Above: IERHA's Acute Care Team and Indigenous Health Liaison visiting
Kinonjeoshtegon First Nation





Aging Population Progress & Achievement

- Adding Nurse Practitioners (NPs) to care teams in Personal Care Homes
- Created a Navigator position for Seniors Services as part of the Provincial Seniors Strategy to assist seniors in accessing services and to help them stay healthy in the community
- Providing information and awareness with teams in the region in preparation for the implementation of "social prescribing"
- Strengthening care and enhancing capacity at long-term care facilities through investments from the Stevenson's Review



Pictured Above: Staff attending the Services to Seniors Coordinator Meeting with new Navigator





STRATEGIC STEERING COMMITTEE: Health Human Resources



CHAIR

Julene Sawatzky

Regional Lead,

Human Resources





STRATEGIC STEERING COMMITTEE: Health Human Resources

Progress and Achievements

- Manitoba Association for Safety in Healthcare (MASH) Safe Work Certification
- Home grown health care aide mobile training/microcredentialing program launched in June 2023



Pictured Above: IERHA staff attending Workplace Health and Safety Training





STRATEGIC STEERING COMMITTEE: Health Human Resources

Progress and Achievements

- Licensed Practical Nursing (LPN) course commencing in Beausejour in 2025
- International recruitment on-boarding and orientating new hires to the region and facilities from the Philippines







Pictured Above: Ashern welcoming employees from Philippines



STRATEGIC STEERING COMMITTEE: Mental Health and Addictions



CHAIR

Kate Hodgson

Regional Lead, Health Services

Community & Continuing Care





STRATEGIC STEERING COMMITTEE: Mental Health and Addictions

Progress and Achievements

- My Health Team increased Mental Health & Addictions services to First Nation communities – Pinaymootang, Hodgson, and Lake Manitoba
- Increased access to rapid access to addictions medicine (RAAM) services
- Expansion of Rural Telepsychiatry services
- Establishing the newly opened Medical Withdrawal Management Services at Ashern's Lakeshore Hospital



Pictured Above: My Health Team staff (Tatianna Kanski and Elliott Drewniak) pictured with Lawrence West, Health Director outside the Health Centre in Lake Manitoba on October 18, 2023





STRATEGIC STEERING COMMITTEE: Innovation and Technology



CO-CHAIR

Katherine Podaima

Regional Lead, Quality, Patient
Safety & Accreditation





STRATEGIC STEERING COMMITTEE: Innovation and Technology

Progress & Achievements

- Reallocated funding to hire a new Patient Relations & Engagement Coordinator
- Implementation & evaluation of the Race, Ethnicity and Indigenous Identity Project
- Continuing efforts to protect the privacy, confidentiality and security of systems and data; for example we are enhancing our security protocols, offering training, etc.
- Successful on-site visit, with Accreditation Canada, where we received "Accredited" status





Questions/Comments?



Looking Ahead IERHA's Improvement Priorities into 2024

Access to Primary Care

Improving Patient Flow

Recruitment and Retention

Access to
Substance Use
Services

Creating an Inclusive Care Environment

One Health
System
Approach

Emergency
Department
Services



Questions/Comments?



Interactive Discussion



slido



What resonated with you today?

What resonated with you today?

Stakeholder responses (part 1)

- The system is not broken, it was designed this way
- Great engagement
- How critical partnerships are
- The fact that we need to work together
- My first Annual Strategic Planning Review
- Goals to move forward to be inclusive
- Great engagement by everyone still lots of lessons to learn
- The progress we are making with our first nation partners and communities
- The presentations were very informative and insightful to what we will be doing moving forward
- System design, not broke
- Hearing the perspectives of the First Nations participants through the panel discussion was really enlightening
- All the collaboration and work completed within the IRHA system is not broken but designed this way
- Glad we have focus on patient engagement
- System was not broken, work together as a team
- Sharing is Knowledge

- Great information, great work being done
- Great transportation information for seniors
- See people first. Plan from there.
- Strength of partnerships
- Looking forward to the Recruitment and Retention work in the new year.
- A persons experience is as important as their outcome
- Building partnerships, ignore jurisdictional boundaries to break the system that has not designed equitably
- More focus on improved experience
- Lots of work and opportunities ahead of us
- Dealing more effectively in partnership with Shared Health
- Lots of work. Opportunities are presenting themselves
- Examples of pragmatic and innovative ways to work to address barriers to care
- How can more community feedback be included in the strategic planning committees vs just updates



slido



Are there things we are not talking about, that we should be talking about during annual strategic plan reviews?

Are there things we are not talking about, that we should be talking about during annual strategic plan reviews?

STAKEHOLDER FEEDBACK COMING SOON



slido



What progress are you hoping to see over the next 12-months within Interlake-Eastern RHA?

What progress are you hoping to see over the next 12-months within Interlake-Eastern RHA?

STAKEHOLDER FEEDBACK COMING SOON



Evaluation and Feedback

Questions or comments after we wrap up today?

Email: CEOstrategy@ierha.ca



Closing Comments & Prayer

Michele Polinuk
Chair, IERHA Board of Directors



Thank you for attending today.

General Strategic Plan Feedback

- CEOstrategy@ierha.ca
- 1-855-347-8500

IERHA Compliments & Concerns

We offer a number of ways to communicate with us:

- 1. Toll Free Line 1-855-999-4742
- 2. The Voice of Patients, Clients, Families form available in all facilities
- 3. IERHA website

