

For More Information:

For more information please contact the Regional Recreation Manager at 204-444-6132 or Recreation Department at the Personal Care Home you are interested in volunteering with:

Arborg Personal Care Home

233 St. Phillips Dr, Box 10,
Arborg, ROC 0A0
PH: 204-376-3211

Ashern Personal Care Home

PO Box 110, Ashern, ROC 0E0
PH: 204-768-5216

Beausejour - East Gate Lodge

646 James Ave. Box 1690,
Beausejour, ROE 0C0
PH: 204-268-7405

Eriksdale Personal Care Home

Box 130, 40 Railway Ave.
Eriksdale, ROC 0W0
PH: 204-739-2618

Fisher Branch Personal Care Home

Box 119, Fisher Branch, ROC 0Z0
PH: 204-372-8703

Teulon - Goodwin Lodge

162-3rd Ave SE Box 89,
Teulon, ROC 3B0
PH: 204-886-2108

Oakbank - Kin Place Personal Care Home

680 Pine Drive, Box 28,
Oakbank, ROE 1J0
PH: 204-444-6127

Lac du Bonnet Personal Care Home

75 McIntosh Street, Box 1030,
Lac du Bonnet, ROE 1A0
PH: 204-345-1210

Lundar Personal Care Home

PO Box 296, Lundar, ROC 1Y0
PH: 204-762-5663

Pine Falls-Sunnywood Manor

Box 2000, Pine Falls ROE 1M0
PH: 204-367-5420

Stonewall - Rosewood Lodge

513-1st Ave. N., Stonewall, ROC 2Z0
PH: 204-467-3362

Whitemouth Personal Care Home

75 Hospital St. Box 160,
Whitemouth, ROE 2G0
PH: 204-348-4603



“We ourselves feel that what we are
doing is just a drop in the ocean.

But the ocean would be less
because of that missing drop.”

– Mother Teresa

“We make a living by what we do,
but we make a life by what we give.”

– Winston Churchill

The best way to find yourself,
is to lose yourself
in the service of others.

– Ghandi

Regional Recreation Manager: 204-444-6132
Oakbank, Kin Place Personal Care Home
Website: www.ierha.ca

Personal Care Home

Volunteer Program



*Connecting people
and communities to
excellent health
services -
Today and Tomorrow.*

Why Volunteer?

Volunteers, and the contributions they make through volunteering, significantly enhance the quality of life and leisure time opportunities for the residents living in a personal care home. It is a great opportunity to make new friends, have fun and benefit others.

Volunteering requires only the amount of time that you are willing to give.

For Students it is a great opportunity to gain skills such as public relations and job experience.



How to Apply

-Complete a volunteer application form which can be obtained from the business office or recreation department at the personal care home. Once an application form is filled out it will be forwarded to the appropriate staff member who will be in contact with the potential volunteer to set up a meeting date.

-All volunteers require a clear criminal record check which can be obtained at the local RCMP office. An Adult Abuse Check and a Child Abuse check will be filled out at orientation, please bring with you two pieces of Government issued ID.

-Attend orientation and training sessions as applicable.

-Acceptable age is 14 years of age to enter the program.

-Applicants between the ages of 14-18 need parental/guardian consent allowing the applicant to volunteer.

Volunteer Opportunities

-**Recreation Assistant:** Supports the recreation department by assisting with daily programming such as: games, bingos, refreshments, exercises, singing, entertainment, church services, discussions, walks, outdoor programming etc.

-**Special Events Assistant:** Assisting with Dine in Clubs, Seasonal Events, van rides and outings.

-**Resident Companion:** Providing companionship and emotional support to residents through one-to-one activities such as letter writing, reading the newspaper, reminiscing, playing cards/crib, going for coffee, walks outdoors.

-**Dining Companion:** Assisting residents at meal times, this includes assisting residents to and from the dining room, distributing meals, assisting residents with meals and socializing with the residents to make their meal time experience more enjoyable. Additional training is provided.

-**Volunteer from Home:** Assist the recreation department with making up site newsletters, posters, calendar of events, etc.

This can all be done in the comfort of your own home at your own time.

-**Gardening Assistant:** Cares for the plants and flowers both indoor and outdoor.

-**Spiritual Health Services Volunteers** are regular visitors, who are committed to spiritual diversity and underwent training through the "Spirit of Caring" course or equivalent. Supportive and respectful individual visits provided under the supervision of a Spiritual Health Services Coordinator.

-**Pet Therapy:** Bringing your pet to visit. A list of residents to visit will be provided. Pet Therapy Volunteers are required to submit a copy of their pet's most recent vaccination report to the home. The pet must be well behaved and comfortable with people.

-**Computer Assistant:** Assist residents with accessing their email accounts, helping them to keep in contact with loved ones by assisting with writing emails, sending pictures, etc.

-**Recreation Exercise Assistant:** Assisting residents to use the steady mate walker and exercise bike. This position requires the completion of the transfer mobility training session

-**Entertainer:** Plays or sings for the residents either one to one or during parties, sing songs or special events.

-**Pet Care Assistant:** Assists with the care of the animals/birds/fish at the site.